

PROBUS CLUB OF DARWIN INC #355594

Sponsored by Rotary Club of Darwin North Inc

The Probus Club of Darwin Inc. is not for profit and non fundraising. It is non sectarian. Its objects are to stimulate thought, interest and participation in activities at a time of life when it is easy to become complacent and self-centred.

August Bulletin Volume 18 Issue 5

PATRON
His Honour Professor the
Honourable Hugh Heggie PSM
Administrator of the NT

PO Box 40452
CASUARINA NT 0811

Web Page: www.darwinprobus.org Email: secretaryprobusdarwin@hotmail.com



Next meeting

Meetings begin at 10:30am and are held on the first Wednesday of each month

Tracy Village Social and Sports Club Wednesday, 2 August, 2023
10:30am - General Meeting

Janet's Jottings

Another busy month with visitors and Probus activities!! Our fabulous weather is a blessing.

Our Darwin and Palmerston Probus club Executives met for the first HUB meeting for the year. A great time to meet new members and what an enthusiastic group!!

Lots of shared experiences and ideas passed between us, with many combined events in the planning, so watch this space.

Lyn, Tony and myself met with His Honour, our Patron for morning tea. Whilst on that visit, his Secretary, Craig asked that we promote Nominations for the OAM. There are so many worthy Territorians who deserve recognition for their

contributions to the NT over the years. Why not put pen to paper or fingers to keyboard and nominate some worthy person.

Just to let you know that we are no longer collecting plastic bottle tops. Thank you to those who have contributed.

I wish to thank Tracy Village Sports Club for their generous support to our club over the years. The events room and tea and coffee ,are given to us freely, Some folk have 2 coffees/tea, so lets support them by swiping your membership card at some point during the morning and stay for lunch where we can continue our fellowship. They would greatly appreciate our support!

Our Bulletin Editor says thanks for all the contributions and the Bulletin is turning into a book!!! Thanks Gwenda for keeping us connected and informed.

Stay safe, and those not well, please recover soon!!

Cheers Janet

Welcome New Member



Kathy O'Donoghue-Ellis was inducted at the meeting on 5 July 2023

August GUEST SPEAKER

Marion Guppy

Topic:

Education in the NT from an historical point of view.

Interest Groups

August at a glance

Event Date	Meeting/Event
Wednesday August 2 - 10:30am	Meeting at Tracy Village
Friday August 4—10:15 am	Craft Group at Cas Club. (Occurs each Friday), coordinator Bev Barnes
Monday August 7 - 11:00 am	Book Club at Cas Club, coordinator Bev Barnes
Wednesday August 9- 10:30 am	Next garden club at Paradise Nursery, coordinator Bev Aitken
Tuesday August 15 - 11:00am	Writing group at Cas Club coordinator Ron Ninnis
Wednesday August 16- 10-:00 am	10 pin bowling. Start at the Caramello Café at 10:00 then move on to Kingpin at 11:00am. Coordinator Chris Kuhn
Wednesday August 16- 6:30 pm	Dining Out at Darwin Ski Club, Contact Patti Jacobson
Friday August 18 - 5:00 pm	Sunset Cruise and Buffet dinner
Friday August 25—9:30am	Morning Tea at Fresh Point, Stuart Park Coordinator Patti Jacobson
Tuesday August 29—1:00pm	Board Games at Pearl. Coordinator Maxine Dienelt

Morning Tea Fresh Point

Salonika Street, Stuart Park

Friday, 25 August at 9:30am

Please let Patti Jacobson know if you are attending Ph 0430 457 552

GARDEN CLUB

33 members enjoyed the morning at Trailer Boat Club, Great sea views and very pleasant weather.



Many thanks to Pat Rusmussen, our guest speaker who spoke about the lovely shrub, Quassia Amara with plants and cuttings to giveaway. Lunch followed the meeting.

Next meeting at Paradise Nursery, Knucky's Lagoon 9th August 10:30am .

Bev Aitken—Coordinator



August

Dining Out

Darwin Ski Club, Fannie Bay

Wednesday, 16 August. 6:30pm

Contact Patti Jacobson for any changes Ph 0430 457 552

Board Games

Come and join us playing your favourite Board Games at Pearl Recreation Centre.

Tuesday, August 29, 1:00 - 3:00pm

Maxine Dienelt—Coordinator

Thank God its Friday

Greenhouse Café, Nightcliff

11th August 6:00pm Just turn up



It's the little things that make a big difference.

Regis Home Care Darwin, 11 Creswell Street Tiwi Visit regis.com.au or call 1300 188 740

eregis home care

Ken Cohalan OAM Seniors Snippets

- Minister's Advisory Council for Seniors I have been appointed community member. First
 meeting 6th July. A range of matters were discussed to assist Seniors NT wide.
- Jacana Your guide to energy efficiency. There are some interesting items such as TV uses \$0.59 hr while game console uses \$1.40 hr, Air Conditioner \$0.52 hr. Well worth getting a copy to check where you can make some savings
- Seniors Garden Competition and Luncheon Grant KAB were successful with the Senior's
 Gardening grant application, so it looks like a Senior's Gardening Awards presentation luncheon (free) at Pearl
 Retirement Village Leisure Centre will be held on Monday 28th August. A great event last year. Looking for over
 70 seniors interested in gardening to attend and have a great fun senior's luncheon event again this year.
- Senior Month August COTA have listed 200 events across NT. If interested download the calendar on www.cotant.org.au/territory-seniors-calender.
- Reforming Aged Care in Australia—there is some interesting and helpful advice available.

 Check Freecall 1800 200 42 or website. https://www.health.gov.au/resources/publications/reforming-aged-care
- Probus South Pacific have advised that Probus Clubs are covered by QBE Insurance for Public and Products Liability



Craft Group

Another great morning with very talented ladies.

We meet every Friday at the Casuarina Sports Club at 10.15am. Don't be alone, come and join us. You are always welcome.

Stay happy.

Happy Crafting Bev Barnes— Coordinator Ph 0434 866 226

Probus Darwin—Travellers on the move

Japan sent in by Allan Mitchell

During April 2023, I travelled to Japan for three weeks, principally to complete a hike which had been canceled back in 2020 and then to follow up some sites of military history. I finished my trip attending the Anzac Day service in Yokohama.

The eight day hike is called the Kumano Kodo, on the Kii peninsular in southern Honshu, the main island and is one

of only two World Heritage Pilgrim Trails in the world - the other being the Camino de Santiago in northern Spain.

The hike was not particularly long at about 65km and as a first for me, I paid an Australian company, Raw Travel to organise everything, the accommodation, meals, transport etc. All I had to do was walk, and that wasn't too hard.

Since 1994, I have belonged to an international peace organisation called SERVAS (<u>servas.org</u>) and over that time I have hosted hundreds of people at my home here in Darwin. Arrangements are reciprocal and on this trip, I chose to stay with some hosts in Japan, in Wakayama and in Nagasaki. These stays were highlights of my trip.

Given that Japan had only opened to travellers in late 2022, I was happy to find some hosts that were willing to take me, both of whom were arranged before leaving home. My first hosts, Ikumi and Tamon Okano lived in Wakayama, about an hour by train from Kansai airport near Osaka. Given that my flight was not scheduled to arrive until after 8pm, this did not faze them

and they arranged to meet me at the station, having sent me instructions in English and Japanese on how to catch

the train and what station to get out where they would be

waiting for me. We met as planned and then drove to their house, where I was made to feel very welcome.

Ikumi Okano and Tamon outside their home beautiful garden in Wakayama

The following day, we drove to Koyosan, an ancient shrine and temple-filled town considered to be one of the most sacred places in Japan. It was an almost 150km round trip and the perfect introduction for me to the history and shrines of the Kumano Kodo.

On Saturday morning, we had a pleasant walk from their home by the sea, which was quite lively with fishermen. Following breakfast, and before I was dropped off at the railway station, we had a great drive, following more of the



coastline, visiting more shrines and an older village where the art of lacquering is practised.

I took the train further south to Tanabe, to join with a group of nine, mostly Australians on the self-guided Kumano Kodo.

Following the hike, I took the train to Aridagawa, where I overnighted and had dinner with the local branch of the Australia/Japan Friendship Association. This had been organised before leaving home by Tomoko Kumanogoa a school teacher who has visited Palmerston High School with exchange students about ten times over the years.



With Akiko at Mount Inasa overlooking Nagasaki

Probus Darwin—Travellers on the move

Moving on the next day, and with several train changes, I travelled on to Nagasaki, where I was met by my second host, Akiko Akiyama. Nagasaki was the second city to be bombed, three days after the bombing of Hiroshima on 6 August, 1945. Japan surrendered on 15 August, thus ending World War 2.

The first item on the agenda was a drive to Mt Inasa, from where there is a stunning view overlooking the city and beyond and an excellent spot to get your orientation. I'm sure anyone who has toured Nagasaki, would have been there.

At Mt Inasa again, enjoying the night view

Akiko then dropped me at the Peace Museum for a few hours, before collecting me and headed to her home in the suburbs - there are lots of hills in Nagasaki.

My room was lined with tatami mats, but by now I was pretty used to them and the shoe protocols. After dinner, we were off again, back up the mountain, to catch what is considered one of the best night views in Japan.

The following day, we spent hours walking through the ancient city and port with its incredible history. Nagasaki first opened to Westerners hundreds of years ago when the Portuguese settled there and introduced Christianity. The Dutch and Chinese have also left their influences on the city.

Around sunset, we took the dogs for a walk along a quiet beach a few kilometres from home.

The following day, it was back to the station, and headed to Hiroshima (doesn't everyone?). Whilst there, I took an interesting side trip an hour away to the port of Kure, where the world's largest battleship was constructed during WW2. Today, there is a museum housing an 80 foot model of the Yamato.

Then it was off to Tokyo for the final few days, where I visited the National War Museum and shrine honouring soldiers who died during the war. Amongst the exhibits is a restored steam locomotive used on the Thai-Burma railway.

Before leaving Darwin, I had arranged through our Federal member, Luke Gosling to attend Anzac Day at the Commonwealth War Cemetery in Yokohama. This event was arranged by the Australian Embassy in Tokyo and they provided a coach on the day, which certainly made it easier to get to the rather out of the way location. I laid a wreath in honour of the 2/21 Btn, known as Gull Force, around 70 of whom are buried there, having died on Hainan Island during the war. Gull Force spent many months in Darwin in 1941, before being sent to Ambon and captivity. We have our own plaque to Gull Force in Bicentennial Park, near the Cenotaph.

And that was my brief three week trip to Japan, leaving so much more to see on a future trip.

Territory Day breakfast at Trailer Boat Club





Out and about in July



















Many thanks to Judy Beard for stepping in as the photographer this month.

Out and about in July













Dining out at Klimataria Greek Restaurant







Probus Club of Darwin—member contributions

Evita – Superstar Productions – 2023

Mary Verus

I have been performing on stage in some form, whether it is choir formation or Stage Musicals since I was approximately 16. My absolutely favorite form of performance is definitely Stage Musicals. You have the combination of singing, acting, dance, costume and make-up. Probably one of my favorite places to be.

In my 20's I performed in many musicals however, after moving to Darwin the opportunities to do this were much rarer. When The Darwin Chorale announced they would be performing Evita, I was just a little disappointed as it was one of my less favorite musicals. However, I didn't let that deter me and auditioned. I was over the moon when I heard I had been accepted into the Ensemble. By the time the performances came around I loved the music and still have Ear Worms ringing in my ears.

Young people just love musicals and it was so wonderful to have so many new faces in our cast. All friendly, enthusiastic and incredibly talented.

Our main leads were Rachel Wharam who played Evita, Shalom Kaa who played Che Guevara, Martin Gore who played Juan Peron, Darroch Robinson who played Agustin Magaldi and Louise Morgan who played the Mistress. I have performed with each of the wonderful performers previously. They are incredibly friendly and have copious amounts of talent.

Then there were the dancers – what can I say. Boy could they dance and sing. Most of them were new to Darwin Chorale but we certainly hope they will be returning.

Of course The Ensemble, of which I was a member were a massive part of the production. We adored performing the singing, tears, laughs and movements that were required. Our orchestra was totally made up of local musicians who fitted right in.

The Production Team consisted of Steve Kidd as Director, Nora Lewis as Musical Director, Rochelle Cabry and quite a few others who are so amazing every time a show is put together.

Finally the Back Stage Crew – who were always there when needed and to the best of my knowledge never missed a cue.

A Stage Show is definitely a Team Effort. One part does not work without the other. You can have the World's Best Singer but if there is a Wardrobe malfunction or if the Ensemble doesn't join in when required the whole show is disappointing.

Then of course there was you wonderful people. A show is no good without a fabulous audience. So thank you to all of you who attended.

I must add I was so proud to have my granddaughter Charlotte, who was appearing in her first Stage Show, at my side.



Probus Club of Darwin—member contributions

Evita - Superstar Productions - 2023 continued

Our next performance will be a Disney Concert which will be in Choir Formation with books so not quite so exciting but definitely worth attending. The dates are 6th and 7th October.

Editor Note: I have heard nothing but whole hearted praise from the Probus club members who attended over the two nights of the production of Evita. The audience gave the cast, orchestra and back stage staff a standing





Probus Club of Darwin Community Award (Paul's Milk Award)

This award began after a visit to Government House in 2012 when the Administrator at the time, Sally Thomas AM, noted (from the bulletin archives) that the club had visited the Paul's Milk factory 25 years earlier and commented that the success of Paul's Iced Coffee had mirrored the success of Probus Club of Darwin. She presented Eean Thorne OAM with a carton of Paul's Iced Coffee to acknowledge that visit. From this Eean then proposed we create a community award within the club to recognize the efforts of club members who were not part of the executive but contributed significantly to the well being of the club.

This year the club has decided to recognize Ron Ninnis for his contribution in initiating and coordinating the Writing interest group since 2020 and providing contributions to the bulletin.

It's Paul's Iced Coffee for me

There was a young man called Paul Who ate meat pies and all.
He'd have Macs, AND KFCs ALRIGHT!
As well as Paul's Iced Coffee with Bourbon at night Until he was high as a kite.
That was his delight
Until at forty he had a fall
That WAS Paul.

A doggerel by Ron Ninnis









"Retirement living has never been more flexible"

We are so confident that you will fall in love with the lifestyle and community at our Tiwi Gardens and Durack Gardens retirement villages, that we have introduced a new purchase option...





Literature, Lunch and Laughter

Thank you Helmy. You did an amazing job in my absence. I now have a hard act to follow.

We were a very animated group of seven today with indepth discussions on the various titles we had read.

Books read June and discussed July

- Batavia by Peter FitzSimons. Not recommended. Too blood thirsty and gruesome story of the ship that runs aground.
- Nancy Wake by Peter FitzSimons. The white mouse in the French Resistance. Very detailed, good read, enjoyed.
- Beartown by Frederick Backman. Good read and enjoyed by all who read this book. Small township where ice hockey played a large part in its survival.
- **Siddhartha** by Herman Hesse. Well written, thoroughly enjoyed and recommend to read.
- Any title by Lucinda Riley. Review of Storm Girl enjoyed the historical content. Review of Seven sisters—good read and recommend.

Books to read July and discuss August

- The Broken Shore by Peter Temple
- The Tin Drum by Gunter Grass
- Roads and Kingdoms by Richard Fidler

Don't ever feel alone. Come and join us.

We meet on the first Monday of the month and new members are welcome to join us at the Casuarina Club where we meet at 11 to discuss books and we eat, drink and are merry afterwards.

Next meeting—August 7, 11:00am at Cas Sports Club

Stay well, stay safe and happy reading, Bev

August Birthdays

Gelita Shapcott
Henrietta Dempster
Elaine Prosser
Wendy Darwin
Russ Swan
Ron Lawford **
Bob Schulze**

Mary Verus**
Lexene Burns
Tony Errity**
Rexine Lamshed
Lyn Barlow
Maureen Burr
Rita Cluley

August Anniversaries

Molly & Doug Steven Earl & Wendy James



Hope you enjoy your special day



Tracy Village Social and Sports Club

The home of

Probus Club of Darwin Inc.



Table Tennis Interest Group

Every Thursday 9.00 am—11.00 am \$5— 3 hours including bat and ball hire. Organised by Charles Darwin Club. Contact Chris 0429171326.



Better for life, in Darwin

At Southern Cross Care we provide a range of quality services available in Darwin.

- Home Care
- Health & Wellness
- Retirement Living
- Residential Care

Learn more today, call 1800 852 772

SouthernCrossCare.com.au



Golf

Probus Golf at Gardens. Second Monday of the month. Contact

Jeff Mosel ph 0422 187 263





E: info@curbysnt.com.au

100% Local for over 40 years







TROPHIES SHIRTS



Heart Foundation Walking

Mondays, leaving from Casuarina Square, near the K Mart car centre at 7:30am For further details, contact Janelle 0438691163

Writing Group

We read out our stories on last month's exercise of the photo of the girl on the beach. Everyone found that it was a useful exercise, but was not easy. The situation was judged differently, as well as the age of the girl.

The 7 minute write-up was on the topic: "You've got the map upside down!" (This actually turned out to be 10 minutes, but who's counting?) We all had lots of laughs about the tales that were told. (all true of course.)

The new topic for the coming month is.

"On this day, thirty years ago......"

A suggestion was made that, to save any last minute panics just before the month's topic is due, that we make a new "rule" that we limit our writing to 20 minutes at a time. I shall give it a try.

The next meeting (always the third Tuesday of the month) is:

Tuesday 15th August at the Cas Club at 11 am.

Everyone is welcome, but it is best to see me at the next Probus meeting.

You can check out the stories on https://tinyurl.com/y8839h8b



Ron Ninnis, Coordinator

Update from the Travel Committee

Sunset dinner cruise on Spirit of Darwin. Friday, 18 August

The boat boards at Dock 2, Stokes Hill wharf and leaves at

5:00pm. Included in the price is a 2 1/2 hour sunset cruise and a buffet dinner consisting of roast meats, fresh salads, Australian prawns and dessert of an assortment of cakes and slices and fresh fruit salad.

Each cruise enjoys a live commentary, access to the well shaded upper deck with a view of the harbour.

Bookings to Lyn Barlow, email: secretaryprobusdarwin@hotmail.com

Please note if you are driving in and parking at the wharf that there is now a ticketing system—3 hours free parking but there is an inspector so you need to make sure you have a parking ticket.







DEPARTING TOKYO 18 MARCH 2024

Diamond Princess is a treasure trove of exceptional delights waiting to be discovered. Dine on freshly prepared sashimi in Kai Sushi, watch street performers in the dazzling Atrium, or take in a lavish production show in our state-of-the-art theater. And for a unique treat visit the Izumi Japanese Bath, the largest of its kind at sea. Bookings through ITravel at Jape Homemaker Centre.

Darwin to Singapore Cruise!

Package 1

Darwin to Singapore departing 6th February 2024 You will board the Pacific Adventurer to start your cruise to Singapore in Darwin around lunchtime, get yourself settled in to enjoy the next couple of days at sea before visiting Komodo Island and Bali where you can leave the ship and explore either on your own or join one of the ship tours. We will arrive in Singapore on 13th February, where you will make your own way to The Clan Hotel for your 2 nights stay before returning to Darwin the morning of 15th February on your Singapore Airlines flight.



Package 2

Sydney to Darwin departing 30th January 2024
Departing Darwin on 29th January you will head to Sydney, arriving in Sydney you will find your own way to your hotel Rydge's Sydney Harbour located in the Rocks area you are surrounded by cafes, restaurants, and bars to soak up the Sydney vibes! . This hotel has amazing roof top views of the Sydney Harbour Bridge and the harbour. Joining your cruise is easy, once you check out you cross the road with your luggage and head down the hill towards the Sydney Passenger Terminal (5-minute walk). Once boarding ye cruise settle in for a few sea days enjoying all the Pacific Adventurer has to offer before arriving at the first port in Airlie Beach where you can explore some of the amazing beaches or even get out to the Great Barrier Reef! Back on board for another couple of sea days before arriving back at Darwin where you will disembark



If you enjoy pottering around with your plants, then this morning tea is for you.

During the morning you can,

- Attend morning tea
- Walk around the gardens at your leisure
- Have your questions about plants and plant care answered
- Add to your plant collection and buy a little plant. Cost is \$5 per person.

Date and time: Thu, 3 Aug 2023 10:00 AM - 12:00 PM

Location: George Brown Darwin Botanic Gardens The Gardens Darwin, NT 0820

Payments and bookings via <u>eventbrite</u>
If you have any questions or need help booking, please contact Lorna on 8941 1004 or <u>email her.</u>



Yah two strikes for the day.

The bowling champs in action

The girls checking the scores!





TEN PIN BOWLING

After a very pleasant morning tea , we moved to Kingpin Darwin where we had a good morning

Ron Wright led the players today with a score of 118, closely followed by Henri Dempster with 112. Richard Dempster scored 105 to come third on the day.

Chris Kuhn was next in line at 93 with Fred close behind with 91. Tony Errity redeemed himself this week with a score of 90. Elaine Mackrow, Molly West, Betty, Anne O'Connor, Nancy Lay and Lyn came in that order towards the end. Our supporting onlookers this week were Sue Wright, Shirley Porte and Maxine Dienelt. Players are asked to sign the red attendance book (which Chris has) at the venue to make sure the names are correct.

See you next time.

Chris Kuhn

Next get together is on Wednesday 20 July 2023



Seniors Month Calendar August 2023

The print calendar is out now and available from over 80 locations across the Territory.

ONLINE & UP TO DATE Remember the calendar is also published online with the most up-to-date advice received from event organisers here.

www.cotant.org.au/territory-seniors-calendar/seniors-monthaugust-2023 Most events listed require bookings, so it's always good to double check event details with them. We also recommend contacting the event organiser before you attend an event in case



the details of the event have changed.

The online calendar also includes NEW events as we hear about them.

www.cotant.org.au/territory-seniors-calendar/seniors-month-august-2023/calendar-2023-updates

WHERE'S MY COPY? Find out where to pick up up your print copy below,

www.cotant.org.au/territory-seniors-calendar/seniors-month-august-2023/calendar-distribution

FROM THE ARCHIVES

Extracts from the Minutes 4 August 1999

Held at the Darwin Sailing Club

Present: Messrs Plew, Simmons, Roberts, Washington, Blackmore, Johnstone, Kerr, Steven, Fisher, Penhall, Thompson, Dally, Giese, Thompson, Chin, Dr Bromich

Apologies: Dimery, Taylor, Larcombe, McLaren,

Visitor: President extended a warm welcome to Mrs Iris McGuire of Rockdale NSW. Also welcomed Mr and Mrs Ed Plenty.

Minutes: The meeting adopted the Minutes of the previous meeting.

Correspondence:

Inwards—Cigna Insurance Certificate \$20 million cover for members/spouses/friends attending meetings.

Australia Post—new rules; Australia Physio Assoc pamphlets.

Outwards—Nil

Treasurer's Report: Bal \$305.50, Receipts Nil, Expenses \$83.85, Bal \$241.55

Presentation—..The Treasurer presented an overview on the Probus Club organisation.

Probus began in England in 1965 when 2 Rotarians persuaded their Rotary Clubs to establish local groups to provide fellowship for retired business and professional men.

Probus is the Latin word for honesty, integrity and virtue. The description of Probus Clubs is to provide the opportunity for those who have retired to meet regularly without pressure and with minimum cost in circumstances which provide new interests and friends.

Probus clubs are autonomous, simple in structure, non-political, non-sectarian and non-fundraising..

Can you help?

As there is so much need at present for items to help the Mission to Seafarers to assist the mariners coming in to Darwin it has been decided to keep the collection boxes going for a while longer.

If you are able to help out, the following items are most needed:

Toiletries—soap, razors, toothbrush and paste **Clothing**—smaller size underwear, t shirts, socks and beanies.

The boxes will be at the next meeting and the items taken into the Mission.

PRIVACY STATEMENT

The information collected in relation to members shall be held in accordance with the information privacy principles contained in the Privacy Act (Privacy Act, Australia 1998). Each Probus Club shall ensure that it complies with such information privacy principles and shall not disclose any such information, except in accordance with the Privacy Act.

INSURANCE

All financial members of the Probus Club of Darwin Inc. are covered by Probus Insurance. Insurance covers members, visitors and guests whilst attending or participating in a recognised Probus activity function or meeting (age restrictions may apply). Prior conditions may be taken into consideration.

DISCLAIMER

This Directory of Members is for the exclusive use of members of the Probus Club of Darwin Inc. and should not be made available to Non-Members. The information contained in this publication is "Private and Confidential" to Members and is not to be used for any other purpose.