



PROBUS CLUB OF DARWIN INC #355594

Sponsored by Rotary Club of Darwin North Inc

The Probus Club of Darwin Inc. is not for profit and non fundraising. It is non sectarian.
Its objects are to stimulate thought, interest and participation in activities at a time of life
when it is easy to become complacent and self-centred.

February Bulletin

Volume 18

Issue 11

PATRON
His Honour Professor the
Honourable Hugh Heggie PSM
Administrator of the NT

PO Box 40452
CASUARINA NT 0811
Web Page: www.darwinprobus.org
Email: secretaryprobusdarwin@hotmail.com



Sue and Wendy
multi tasking at
the meeting.

**Meetings begin
at 10:30am and
are held on the
first
Wednesday of
each month**

**Next meeting
Tracy Village Social and Sports Club
Wednesday, 7 February, 2024
10:30am - General Meeting**

Janet's Jottings



I looked up Probus on the web site and it says "Probus provides you with the opportunity to meet with fellow retirees on a regular basis, listen to interesting speakers and join in activities."

There are over 1,700 Probus Clubs with more than 125,000 members all over Australia and New Zealand. That was 2022 figures. Probus is an acronym for Pro(fessional) Bus(iness). Our club has been active since 1985 and still going strong because of you!

As our AGM looms in March, please think about ways you could contribute to your club; little ways such as welcoming visitors and new members, offering rides to activities, sitting in a different seat and connecting with someone new each meeting. And it's really great to see the friendly support being offered to members experiencing difficult times.

I will miss you all at our February meeting as I cruise to Singapore with some of our other member travellers. I thank Mary Verus for presiding over the meeting.

Stay safe and smile

Cheers

Janet

February Guest Speaker

Karen Urquhart

Aged Care Engagement Manager

Australian Government Department of Health and Aged Care

Karen works in the Aged Care Consumer Engagement team and her team is actively meeting with consumer groups and organisations to create connections and build collaborative relationships locally. The teams focus is to share information on Aged Care services and Aged Care access pathways, which is predominantly what we will be talking about at the meeting. We also provide education on Aged Care Reforms and promote the Aged Care Consultation Processes through our Engagement Hub. Through these engagements, our team is increasing our knowledge on local structures, seniors activities and local support systems in the community.

Vale

Jeanette Graham

16 November 1940—4 January 2024

We are very sad to farewell Jeanette Graham.

A club member since April 2010, Jeanette was President of our club in 2013, and very involved with the Monday golf group, well respected by the other golfing participants. Jeanette regularly attended meetings, and enjoyed being involved in some of the social activities. Sincere and heartfelt condolences are extended to Jeanette's family on her passing.

Rest in peace

Management and Members of Probus Club of Darwin



Interest Groups

February at a glance

Event Date	Meeting/Event
Friday Feb 2 - 10:15 am	Craft Group at Cas Club. (Occurs each Friday), coordinator Bev Barnes
Monday Feb 5 - 11:00 am	Book Club at Cas Club coordinator Bev Barnes
Wednesday Feb 7 - 10:30 am	General Meeting at Tracy Village
Friday Feb 9—5:00 pm	Friday Drinks at Greenhouse Cafe
Wednesday Feb 14- 10:30 am	Garden club at , coordinator Bev Aitken
Tuesday Feb 20 - 11:00am	Writing group at Cas Club coordinator Ron Ninnis
Wednesday Feb 21—6:30pm	10 pin bowling - coordinator Chris Kuhn
Wednesday Feb 21—6:30pm	Dining out at Tracy Village
Friday Feb 23—9:00 am	Morning Tea Henbury Avenue Cafe, Casuarina Village
Tuesday Feb 27—1:00 pm	Board Games at Pearl - coordinator Maxine Dienelt

GARDEN CLUB

Twenty garden lovers enjoyed the morning at Mike and Kay Foley's garden. Thankfully the rain eased up and we could see their incredible garden with its many beautiful flowers and shrubs including bromeliads, calatheas, begonias, caladiums and persian shield together with an assortment of air plants hanging from a metal arch made by Mike. They use Seamungus health tonic for plants with excellent results.

Then off to the Trailer Boat Club for lunch.

Next meeting on 14 February at 10:30. Ron Wright and Yvonne will be hosting at the Community Gardens, 85 Challoner Circuit, Humpty Doo.



Bev Aitken—Coordinator



Probus Club of Darwin

February Dining Out

At Tracy Village

21 February, 2024 6:30pm

Contact person is

Gwenda Ph 0458 676 940

Morning Tea

February 23 at 9:00am

Henbury Precinct Café
Casuarina Village, Bradshaw Tce, Casuarina



Tracy Village
Social and Sports Club
The home of
Probus Club of Darwin
Inc.

We really appreciate the great support offered by Tracy Village to the Probus Club of Darwin membership.

Note from Social Committee:

Some of the venues for dining etc may be different from those mentioned at the general meetings. Unfortunately it is not always possible to make a booking for the days and numbers we require.



Better for life, in Darwin

At Southern Cross Care we provide a range of quality services available in Darwin.

-  Home Care
-  Health & Wellness
-  Retirement Living
-  Residential Care

Learn more today, call 1800 852 772

SouthernCrossCare.com.au

Southern Cross Care (SA, NT & VIC) Inc. ABN 129 895 905, South Australia Liability Limited



Ken Cohalan OAM

Seniors Snippets

- **Housing for aged priority**—there are over 7000 Territorians aged over 75, forecasted to double by 2040.
- **Aged pensioners**—as from 1 January aged pensioners can earn \$11,800 without affecting the age pension.
- **Services for Seniors**—our new Minister for Seniors, Ngaree Ah Kit has a comprehensive 5 page list of services for seniors at her office. Worth getting a copy.



Can you help?

As there is so much need at present for items to help the Mission to Seafarers to assist the mariners coming in to Darwin it has been decided to keep the collection boxes going for a while longer.

If you are able to help out, the following items are most needed :

Toiletries—soap, razors, toothbrush and paste

Clothing—smaller size underwear, t shirts, socks and beanies.

The boxes will be at the next meeting and the items taken into the Mission.

Recycling program major fundraising: As well as speaking engagements, attendance of volunteers at Port of Darwin information and social functions the major project for the centre in 2023 was the collection, sorting, counting and recycling of cans, glass and plastic containers that return 10c from 3 coastal cruise ships between April and October. With the assistance of Wilhelmsen Shipping Agents, Opal Fibre and Packaging Warehouse and equipment, Envirobank and an enthusiastic group of volunteers on occasional Saturday mornings around \$5,000 was raised and a lot of fellowship enjoyed. MtS committee meetings were held monthly in 2023 with a Strategic Business Plan for 2024/5 developed, the welcoming of a number of new members and growing business and organisations support. Let Mary Martin know if you are able to help out.

Doggie Lovers!

Hugh had no difficulty convincing the diner on his right that she should donate the bone from her steak to his dog Muffy.



Probus Darwin—Travellers on the move

Norfolk Island—sent in by Tony Errity

Norfolk Island Trip 4th to 11th December. On the 4th of December, at about one in the morning, an intrepid group of eleven Probarians set off for a week on Norfolk Island.

After a leisurely stopover in Sydney, we arrived at Norfolk midafternoon. On coming in to land it was noticeable that Norfolk Island is very lumpy, no real mountains, but lumpy. The only flat bit was the Airstrip. On arrival we spent a fair amount of time admiring the inside of the Terminal as we waited to get through customs. Then off to Governors Lodge Resort Hotel to check in. The accommodation was excellent, separate units with lounge room, kitchen, and separate bedroom. No toasters in kitchen, helps prevent guests from burning the place down. The gardens were very colourful with lots of miniature banana plants, about two metres tall. Fruit small but tasty. Also, a swimming pool and heated separate spa. Later, we all had dinner at the inhouse restaurant, Baileys, excellent food and service, a fitting start to our holiday.

Each day started with breakfast, with choices to suit even the most fastidious diner. These ranged through pancakes, eggs benedict, steak and for the health conscious cereal and fruit. Lots of tours were included in the package and each was interesting in its own way.

A couple of us decided to try a walk in the National Park. We did the easy one, from Mt Pitt to Mt Bates the highest point on the Island, 319 metres, told you they were small mountains. After several hundred steps, up and down, and a distance which seemed far greater than the 500m listed we returned to Mt Pitt dripping with sweat and exhausted.

We decided that if that were an easy walk maybe we would give the difficult ones a miss. I should add that some of the fitter members of our group thought the walks were wonderful. Others in the group took a trip in a glass bottomed boat and were effusive in their praise of the coral gardens, and sea life encountered. Theme nights were held on most nights on Norfolk.

The whole group attended the Commandant's Dinner which proved to be an entertaining evening. As part of the evening's festivities a competition was held to determine which table, of three, would eat first. Most of the group were seated at table one with only two of us at table two. Each table had to perform an item and Elaine at table two suggested we do the Hokey Pokey and we won.



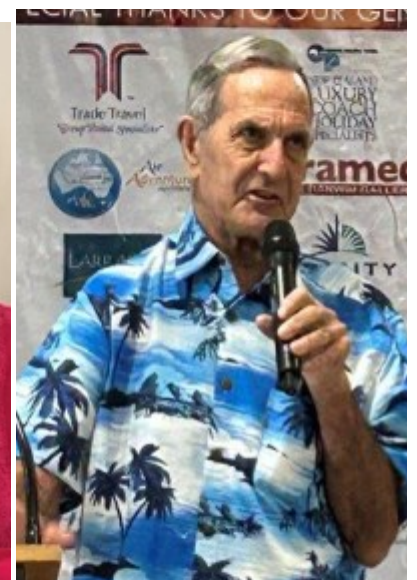
Another theme was Night as a Convict which a couple of us attended. This was great fun, and we were looked after by a couple of army Privates one of whom was called Geoff Parts. Of course, when he was addressed by the commandant, he was called Private Parts. During the show one of the Privates picked up a lady from the audience to dance so we got up to dance as well. As no other dancers followed us, we realised the first couple were part of the show, we returned to our seats amid hilarious applause. At yet another theme, a Progressive Dinner, we were regaled with an alternate scenario to the Mutiny on the Bounty. The lady telling the story was a descendant of Fletcher Christian, on Norfolk Island, who isn't?



Some excerpts: Captain Cook was not put with his mates in the longboat to fend for themselves but had in fact gone fishing and when he didn't catch any was too ashamed to return. When the Bounty was approaching Pitcairn, it was allowed to park in a Disabled Bay as they had a couple of sick people on board. A few days later they were having a barbeque on the ship and the gas bottle exploded setting fire to the ship etc.

A very enjoyable week ended far too quickly, and we headed home on the 11th of December. Unfortunately, something went wrong with our flights at Sydney, and we missed our connection to Darwin. Fortunately, a very helpful man from Qantas, managed to get us on a flight to Darwin the following morning at 8.00am, at no extra cost. This necessitated the group spending an unscheduled night in Sydney which was somewhat annoying after such an enjoyable trip. However, all's well that ends well and we arrived safely in Darwin the following day.

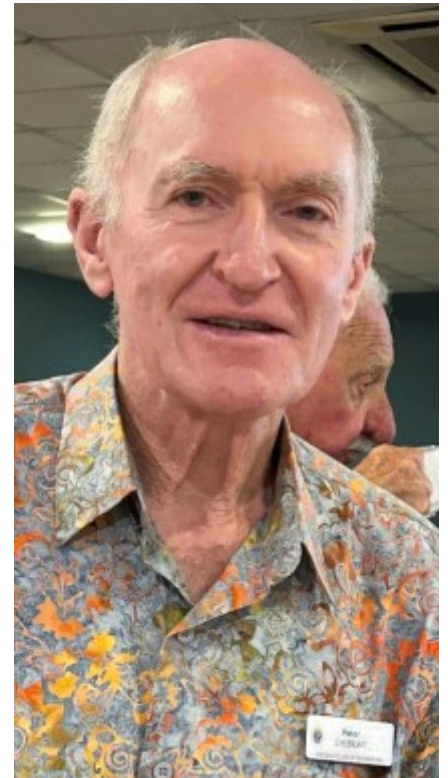
Out and about in January



Out and about in January



Out and about in January



Literature, Lunch and Laughter

Read January / Discuss February

The Crossing Places By: Ellie Griffith

The Running Grave By: J. K. Rowling, and published under the pseudonym Robert Galbraith.

The Kill Artist OR The Cellist (Kill Artist not available on Kindle when I searched for it and Cellist very gripping ...) By: Daniel Silva

The Unlikely Pilgrimage of Harold Fry

By: Rachel Joyce



We meet on the **First Monday of the month** at **Casuarina Sports Club at 11.am** and are always happy to welcome new members!

Next meeting—5 February 2024

Stay well. Stay safe, Happy Reading and a Happy Start to 2024

February Birthdays

Hugh Roberts

Pat Buchanan**

Andrew Leo

Mary Fathers**

Kathy O'Donoghue-Ellis*

Julianne Quinn

Michael Martin*

Margaret McCarthy

February Anniversaries



Kathy & Dean O'Donoghue-Ellis

Peter & Maree Toll

Julian & Teresa Jong

Peter & Gelita Shapcott

Elaine & Clive Mackrow

Hope you enjoy your special day

Table Tennis Interest Group



Every Thursday 9.00 am—11.00 am
\$5— 3 hours including bat and ball hire.
Organised by Charles Darwin Club.
Contact Chris 0429171326.



Heart Foundation Walking

Mondays, leaving from Casuarina Square, near the K Mart car centre at 7:30am

For further details, contact Janet 0432 154 306

Writing Group

At the last Probus Writing Club meeting we had a 7 minute write-up on the topic: "Although she felt as though she was falling..." This produced all sorts of extraordinary stories, all beyond belief.



Our next topic for the coming month is: **"Free writing of the moment - the first idea that pops into your head."**

(In other words, we couldn't decide on a topic, so the idea is to make up your own.)

The next meeting is:

Tuesday 20 the February at 11 am at the Cas Club

We're happy to have you join us in our literary endeavours.

Ron Ninnis, Coordinator



GREENFIELDS LIVING



TIWI GARDENS Retirement Living



DURACK GARDENS THE HEIGHTS

"Retirement living has never been more flexible"

We are so confident that you will fall in love with the lifestyle and community at our **Tiwi Gardens** and **Durack Gardens** retirement villages, that we have introduced a new purchase option...



TIWI GARDENS Retirement Living

Try before you buy!



DURACK GARDENS THE HEIGHTS





TIWI GARDENS Retirement Living



DURACK GARDENS THE HEIGHTS




Amy Trezise



Find us on Facebook www.greenfieldsliving.com.au

Golf



In recess.
Contact
Jeff Mosel ph 0422 187 263

Board Games

Come and join us playing your favourite Board Games at Pearl Recreation Centre.

27 February, 1:00pm
Maxine Dienelt—Coordinator








It's the little things that make a big difference.

Regis Home Care Darwin, 11 Creswell Street Tiwi
Visit regis.com.au or call 1300 188 740



Suppliers to



**Badges
Trophies
Shirts**

PH: 8948 2770
E info@curbysnt.com.au

100% Local For over 40 years

Thank God its Friday

9 February 2024, 5:30pm
Greenhouse Café, Nightcliff



Just turn up

Update from the Darwin Probus Travel Committee

(in the words of Rod Stewart)

"We are sailing, we are sailing"
and really looking forward to our adventure.

A group of Top End Probus Club members are heading off on a cruise from Darwin to Singapore during February and they are all really excited. (Boarding at 1:30pm on 6th)
Looking forward to some great photos and travel reports!

FROM THE ARCHIVES

Extracts from the Minutes 2 February 2000

Held at the Darwin Bowls Club

Present: Messrs Plew, Simmons, Fisher, Dally, Steven, Kerr, Washington, Roberts, Blackmore, Dimery, Penhall, Thompson, Chin, McLaren, Dr Bromich, Thompson

Apologies: Giese, M Taylor, Larcombe

Visitors: Lex Mannix, Bob Dobbie

Minutes: The meeting adopted the Minutes of the previous meeting.

Correspondence:

Inwards—Probus News Summer Edition; NT Senior Card Update; Council on the Aging New CEO; RDU Probus Supplies price list

Outwards—Xmas card to Patron, Reply to Rotary Club of Sunrise,

Treasurer's Report: Bal \$229.90, Receipts \$580, Expenses \$643.45, Bal \$166.45

General Business: Mr President informed members that our AGM will take place here on 1st March 2000 and invited members to please submit their nominations for the various offices.—President, Vice President; Program Director; Treasurer; Secretary It was noted that the Secretary intended to go overseas from 7 March for a month.

Guest Speaker: Captain Ian Watts former RAN Officer who is currently Chief Executive Director of Red Cross in the NT. Help is provided to Timor as the Australian Red Cross supports the International H/Q, We provide help to hospital and home care service, health and meals on wheels, community service, first aid training, youth service, medical equipment hire, hostel in Katherine. Expenditure in NT a bout \$5m annually. Home care/meals on wheels are funded from government agencies. We rely on fully paid staff together with part paid and volunteers and conduct fund raising activities. Running costs about \$750,000. Captain Watts answered many questions put to him.

Meeting ended 11:10am.



Our AGM will be held at the meeting on **Wednesday, 6 March 2024**

at Tracy Village Social and Sports Club,
Tambling Terrace, Wanguri

To help ensure a continuation of our wonderful club and social activities it is important that all members think about how they can contribute to its running.

Nominations will be accepted for positions during January and February

Membership fee \$60 due by 1 April

Pay into Probus Club of Darwin account

BSB 065903 Account 10136723

PRIVACY STATEMENT

The information collected in relation to members shall be held in accordance with the information privacy principles contained in the Privacy Act (Privacy Act, Australia 1998). Each Probus Club shall ensure that it complies with such information privacy principles and shall not disclose any such information, except in accordance with the Privacy Act.

INSURANCE

All financial members of the Probus Club of Darwin Inc. are covered by Probus Insurance. Insurance covers members, visitors and guests whilst attending or participating in a recognised Probus activity function or meeting (age restrictions may apply). Prior conditions may be taken into consideration.

DISCLAIMER

This Directory of Members is for the exclusive use of members of the Probus Club of Darwin Inc. and should not be made available to Non-Members. The information contained in this publication is "Private and Confidential" to Members and is not to be used for any other purpose.