



PROBUS CLUB OF DARWIN INC #355594

Sponsored by Rotary Club of Darwin North Inc

The Probud Club of Darwin Inc. is not for profit and non fundraising. It is non sectarian.
Its objects are to stimulate thought, interest and participation in activities at a time of life

January Bulletin

Volume 19

Issue 10

PATRON
His Honour Professor the
Honourable Hugh Heggie AO PSM
Administrator of the NT

PO Box 40452
CASUARINA NT 0811

Web Page: www.darwinprobus.org
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Next meeting

Tracy Village Social and Sports Club

Wednesday, 8 January, 2025

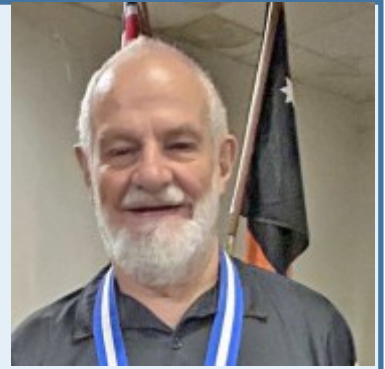
10:30am - General Meeting

Meetings begin at
10:30am and are
usually held on the first
Wednesday of each
month

Many thanks to the office of Koda Patel MLA, member for Casuarina, for the printing of our bulletin this month.

Tony's Titbits

The start of yet another New Year. For us here at Probus it will be a year of fun, friendship, fellowship and don't forget frivolity. No doubt the Social Committee and Travel Committee will have lots of things for us to do in this coming year. Lots of meals and coffee mornings, any excuse to get someone else to cook the bacon and eggs. And with interstate and overseas trips for the more adventurous.



The wonderful thing about Probus is it provides lots of opportunities for members to meet, in small groups, to enjoy like minded activities. Current groups cover, book club, craft group, garden club, writing group, games, and bowling group.

And remember if there is an activity you really enjoy you can always start your own group. Also being the start of a New Year our AGM, which will be held on the 5th of March, is only a couple of months away. Over those couple of months nominations will be accepted for all positions on the Management board. Also be aware that except in exceptional circumstances the President can only serve for one year. So dear members have a good look around, talk to your friends, and nominate people who would be interested to serve on Management board.

Wishing you all a happy and healthy New Year.

Nature is all around us, it is just there; to be appreciated. A verse from "Natures Simple Perfection" by Jane Bradshaw.

The ocean – majestic and soothing – sublime
In the heat of the day – it cools the sunshine
A myriad of colours – mixing blues and greens
Something so beautiful – a sight to be seen.



Slainte
Tony



VALE

Lyn Martin

2 June 1946–
10 December 2024

A lovely lady, Lyn was a member of the club from July 2022 and will be missed.

Management and club members of Probus Club of Darwin extend sincere condolences to Michael and family.

Interest Groups

January at a glance

Event Date	Meeting/Event
Mon Jan 6 - 11:00 am	Book Club at Cas Club coordinator Bev Barnes
Wed Jan 8– 10:30	General Meeting, Tracy Village
Fri Jan 10, 17, 24, 31 10:15 am	Craft Group at Cas Club. (Occurs each Friday), coordinator Bev Barnes
Wed -	Garden club in recess until February
Fri —	Friday Drinks at Greenhouse Café, Cancelled for January
Wed	Bowling in Recess till February 2025
Wed—Jan 15—6:30pm	Dining Out Parap Tavern, contact Rowena
Tues Jan 21 11:00am	Writing group at Cas Club - coordinator Ron Ninnis
Fri —	Morning Tea in Recess till January 2025
Tues —	Games in Recess till January 2025
Fri Jan 31— noon	Lunch—Dolly's Hibiscus, contact Bev Whitby



Dining Out

At Parap Tavern, 6:30pm
Wednesday, 15 January
Contact: Rowena McHugh
Phone: 0413 289 555

Lunch



At Dolly's Restaurant, Hibiscus Tavern
Friday, 31 January, at noon.
Contact Bev Whitby to book
Phone: 0407 053 903



Guest Speaker

Earl James

Life, Times and Surveying

Golf



Contact

Jeff Mosel ph 0422 187 263

Table Tennis Interest Group in

Every Thursday 9.00 am—11.00 am

\$5— 3 hours including bat and ball hire.

Organised by Charles Darwin Club.

Contact Chris 0429171326.



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Out and about in December



Celebrating Christmas with a lunch at Silks. Some 90 members enjoyed each other's company, great food, excellent entertainment and the company of The Administrator, The Honourable Hugh Heggie AO PSM and Ms Jones.

Lots of prizes were won and the day completed another year for Probus Club of Darwin filled with Fun, Friendship, and Fellowship.



Out and about in December



Out and about in December



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Literature, Lunch and Laughter

Another great get together with engaging conversations.

Read December discuss January
Sharp Objects by Gillian Flynn
Limberlost by Robbie Arnott
Cold Enough for Snow by Jessica Au
Horse by Geraldine Brooks



Stay well. Stay safe and happy reading, Beverley Barnes



January Anniversaries

Bronwyn & Peter Russell
 Hunter & Rosemary McEwen ***
 Sue & Ron Wright ***
 Hendrika & John Carlow
 Andrew & Mavis Leo
 Robert & Valmai Scott
 Fred & Lyn Barlow



January Birthdays

Gwenda Worrell
 Maureen Reiter
 Gaynor Maggs
 Margaret Arbon
 Patricia Sisson
 Beverley Baker
 Mary Martin

Hope you enjoy your special day

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Walking together towards a healthier heart

Walking is a great way to be social, stay active and feel connected to your community!

Join a **FREE** Heart Foundation walking group in your area!

Walking Group	Contact - Walk Organiser	Walk Times
Casuarina Walk Group	Janet - ejanet51@gmail.com	Monday 7.30am
Get Walking at Gateway Shopping Centre	Jenny - jenny.conelius73@gmail.com	Wednesday 7.30am
Multicultural Walking Group INACTIVE	Natalia - nmunozrodriguez@anglicare-nt.org.au	Wednesday 8.30am
Bunnings Warehouse Walk INSIDE INACTIVE	WALK ORGANISER WANTED - PLEASE CONTACT - julie-anne.overell@heartfoundation.org.au	
Nightcliff Coastal Walk	Alisha - alysa9027@gmail.com	Wednesday 6.00pm
Berry Springs Walking Group	Jamie - jamie@raintreeah.com.au	Thursday 8.15am
Get Active In Palmerston Shopping Centre FREE COFFEE	Jenny - jenny.conelius73@gmail.com	Friday 8.30am
Mitchell Centre (Darwin City)	Cheryl - cheryl.mckeen@gmail.com	Friday 7.30am
Darwin City Steppers	Gabby - gabbybrown@gmail.com or 0412951544	Saturday 8.00am
Yanyula Park Walk COMMENCE TBA	Judy - 0438 827 039	Sunday 7.30am
Walking on Water at SWELL	Ashley - astephens3@belgravialeisure.com.au	Wednesday 10.00am

Scan the QR code to search for a group near you!

OR visit our website walking.heartfoundation.org.au/walking to register. We suggest contacting the Walk Organiser to start walking. Also join our Walker Recognition Scheme to be rewarded!



Free Personal Walking Plan!

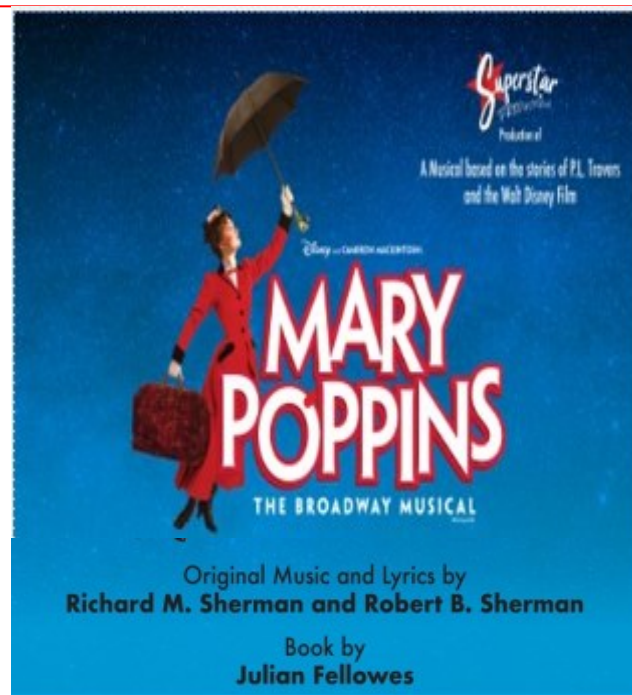
You can also sign up for a to receive an easy-to-follow tailored program to suit your level of fitness with direct support to keep you on track.

No group close enough?

Why not become a Volunteer Walk Organiser and lead a Heart Foundation Walking group in your community. Heart Foundation provides training, access to your online profile, a thank you gift for signing up, ongoing communications and invites to events and workshops.

If you require support with the above please contact Julie-Anne the State Walking Program Officer NT on 8982 2709 or julie-anne.overell@heartfoundation.org.au

This flyer is current November 2024



Our AGM will be held at the meeting on Wednesday, 5 March 2025

at Tracy Village Social and Sports Club,
Tambling Terrace, Wanguri

Nominations will be accepted for the following positions during January and February

President

Vice President

Secretary

Treasurer

Management Committee

Social/Events Committee

To help ensure a continuation of our wonderful club and social activities it is important that all members think about how they can contribute to its running.

Can you help?

As there is so much need at present for items to help the Mission to Seafarers to assist the mariners coming in to Darwin it has been decided to keep the collection boxes going for a while longer.

If you are able to help out, the following items are most needed :

Toiletries—soap, razors, toothbrush and paste

Clothing—smaller size underwear, t shirts, socks and beanies.

The boxes will be at the next meeting and the items taken into the Mission.

PRIVACY STATEMENT

The information collected in relation to members shall be held in accordance with the information privacy principles contained in the Privacy Act (Privacy Act, Australia 1998). Each Proboscis Club shall ensure that it complies with such information privacy principles and shall not disclose any such information, except in accordance with the Privacy Act.

INSURANCE

All financial members of the Proboscis Club of Darwin Inc. are covered by Proboscis Insurance. Insurance covers members, visitors and guests whilst attending or participating in a recognised Proboscis activity function or meeting (age restrictions may apply). Prior conditions may be taken into consideration.

DISCLAIMER

This Directory of Members is for the exclusive use of members of the Proboscis Club of Darwin Inc. and should not be made available to Non-Members. The information contained in this publication is "Private and Confidential" to Members and is not to be used for any other purpose.