



PROBUS CLUB OF DARWIN INC #355594

Sponsored by Rotary Club of Darwin North Inc

The Probus Club of Darwin Inc. is not for profit and non fundraising. It is non sectarian. Its objects are to stimulate thought, interest and participation in activities at a time of life when it is easy to become complacent and self-centred.

October Bulletin

Volume

18

Issue

7

PATRON

His Honour Professor the
Honourable Hugh Heggie PSM
Administrator of the NT

PO Box 40452

CASUARINA NT 0811

Web Page: www.darwinprobus.org

Email: secretaryprobusdarwin@hotmail.com



Next meeting

Meetings begin
at 10:30am and
are held on the
first

Wednesday of
each month

Tracy Village Social and Sports Club
Wednesday, 4 October, 2023
10:30am - General Meeting

Janet's Jottings

September has been another very busy month with visitors from Queensland and WA. Great to catch up with friends at any time!

October is here and still many activities are planned to keep us moving and connected with the world. No wonder I often need a Nanna Nap.

International Probus month is celebrated in October, or any time really. We are celebrating with a Probus morning tea on the 6th at Pearl Retirement Centre and Bill Roy will entertain us with his fabulous music. Also as a combined Probus Club event, each club will be bringing us an item. So come ready for a laugh! Please feel free to bring a friend and a plate to share for morning tea.

The 21st October brings us our combined Probus Clubs Dinner Dance. I have my outfit ready as the theme is the 40's. Music and entertainment by the Andrew Sisters ,goes until 11pm. I am in training to stay up that late!!

For those who are not in the best of health, we are thinking of you. Get well soon.

See you all soon,

Cheers
Janet



October

GUEST SPEAKER

Emil Almazan

Essentials needed for a basic understanding of dementia, services and supports available.

Emil is an NT Community Development Officer at Dementia Australia, working with the Dementia-Friendly Communities program. He has a background in medicine, aging and dementia.

Celebrating
PROBUS
1 - 31 October 2023
Month

Good Friends, Great times, New Adventures

The four Top End Probus Clubs will be celebrating Probus Day on Friday, 6 October 10:00 am—12:00 at Pearl Retirement Centre.

Lots of fun planned.

Bring along a small plate to share for morning tea.

Come along and celebrate

Interest Groups

October at a glance

Event Date	Meeting/Event
Monday Oct 2—11:00 am	Book Club at Cas Club, coordinator Bev Barnes
Wednesday Oct 4 - 10:30am	Meeting at Tracy Village
Friday Oct 6 - 10:00 am	Probus Day—combined event at Pearl Retirement Centre
Friday Oct 6 - 10:15 am	Craft Group at Cas Club. (Occurs each Friday), coordinator Bev Barnes
Monday Oct 9 - 8:30am	Golf
Wednesday Oct 11- 10:30 am	Next garden club at Pearl Retirement Centre, coordinator Bev Aitken
Tuesday Oct 17 - 11:00am	Writing group at Cas Club coordinator Ron Ninnis
Wednesday Oct 18- 10:00 am	10 pin bowling. Start at the Caramello Café at 10:00 then move on to Kingpin at 11:00am. Coordinator Chris Kuhn
Saturday Oct 21- 6:30 pm	Combined Dinner Dance at Kalymnos Club
Friday Oct 27—9:30am	Morning Tea at Café 21 (next to Uncle Sam's, Darwin)
Tuesday Oct 31—1:00pm	Board Games at Pearl. Coordinator Maxine Dienelt

Morning Tea

Friday, 27 October at 9:30am

Café 21, (near Uncle Sams) Darwin

Please let Janet know if you are attending Ph 0432 154 306



Tracy Village Social and Sports Club

The home of
Probus Club of Darwin Inc.

GARDEN CLUB

35 members enjoyed the beautiful gardens and surrounds at Casa Di Bilsk with the new owners Jodi and Andy. Lots of beautiful items to buy in the gift shop. Astra showed us how to divide, cross pollinate and repot Caladiums. Thank you Ron Wright for your assistance. Lunch at Howard Springs Tavern.

Next Meeting, Wednesday 11th October, 10:30am at Pearl Retirement Centre.

Bev Aitken—Coordinator



Board Games

Come and join us playing your favourite Board Games at Pearl Recreation Centre.

Tuesday, October 31, 1:00 - 3:00pm

Maxine Dienelt—Coordinator



Thank God its Friday

October 13, 6:00pm

Greenhouse Café, Nightcliff

Just turn up



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Ken Cohalan OAM

Seniors Snippets

- **Thanks KAB** - On behalf of Darwin Seniors thanks to Heimo Schober CEO Keep Australia Beautiful (KAB) for the presentation and lunch for Top End Seniors Garden Competition entrants. Presentation of framed certificates, followed by a great lunch at Pearl Retirement Village. Talk by Power and Water on water conservation and Victims of Crime on home safety. Over 85 Seniors attended great for meeting many NT Seniors for fellowship.
- **Probus Day** - 10am - 12md on 6 October at Pearl Retirement Village. The four Top End Probus Clubs will be coming together to celebrate National Probus Day. Look forward to all Probus members attending.
- **Save on your Food Bills** - with cost of living rises some tips to help you save.
- Don't Shop when hungry; Check per unit prices; Take advantage of bulk item discounts.
- Buy the store brands; Make soup a staple in your diet; Make your own products
- **Age Pension** - increased from 20th September 2023 single age pensioner \$32.70 per fortnight to \$1096.70 per fortnight and a couple increased by \$49.40 each member \$826.70
- **Hobbies** - Seniors over 65 are more likely to be healthier, happier and have greater life satisfaction if they have a hobby. Thus you are encouraged to get involved in Probus with the many interest groups.
- **Referendum booklet:** I received my copy covers both Yes and No cases



Craft Group

Another great morning with very talented, lively ladies.

How blessed are we to have the opportunity to meet such amazing ladies.

We meet every Friday at the Casuarina Sports Club at 10.15am. Don't be alone, come and join us. You are always welcome.

Stay happy. Happy Crafting Bev Barnes—
Coordinator Ph 0434 866 226

Probus Darwin—Travellers on the move

Anne and Ed went travelling in Europe

Ed and I had a 5 week European trip recently. We enjoyed it enormously and were pleased that we stayed well, honored all our bookings and avoided pickpockets.

Before Covid we had booked our Scenic River cruise from Budapest to Amsterdam and it had to be used. We flew to Budapest and after 5 days joined the 14 day cruise then did a 14 day loop around Europe on the trains.

The river tour came with Business class airfares and they made all the difference. The pods we were in turned into full length beds and the meals came one course at a time. Singapore Airlines has a really good entertainment system so we were set. The only hard thing was to talk to each other as the pods are large and the seats set back. We enjoyed the airport lounges too.

I am sure many of you have been on a river cruise. On a typical day we had a full breakfast in the dining room at 7:30. By 9am we were heading off on our excursion with water bottles, passes and phones in hand. We did the walking tours but there were hiking and cycling for the more adventurous. By 12:30 we would be back on the boat in time for a lunch with salads and hot foods. Then at 6:45 we headed to the bar for a drink and a review of the day (Port Talk) followed by a 3 course dinner and finishing with night caps and games. We had the stamina to keep up with this.

Our cabin had a balcony and the door between was permanently open making more room. Our mini bar was full of complimentary drinks and snacks. One couple had done the same cruise three times and they had lots of useful information. They explained how to pack the complimentary washing bag to maximise clothes in it with the roll, punch, rolling technique.

The Scenic Jasper travelled thru 98 lochs on the Danube, Main and Rhine rivers. Water levels were very low on the rivers but our captain steered well and we made it without needing to change boats. One night we could hear the hull scraping the river bottom. Scenic boats are marginally lighter and shallower than the competition and we were the only boat to get through.

Our excursions were varied. The light hearted Sound of Music show, a sobering visit to Nuremberg, an authentic German farm which also processed its own meats and took party goers out on moonlight carriage rides, numerous well preserved old towns, the monastery in Melk built 1089 and Sigfried's mechanical music cabinet museum.

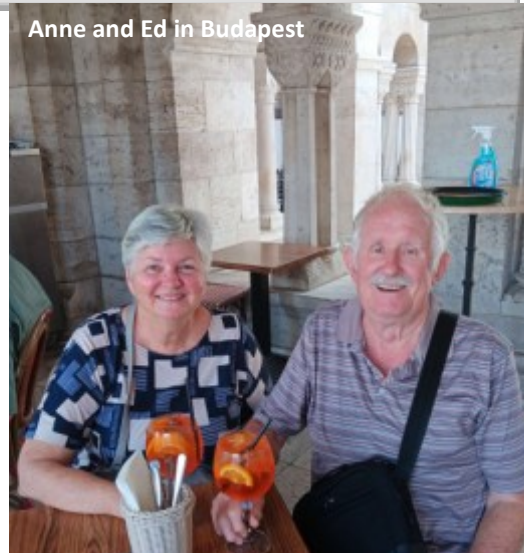
But all good things come to an end and we said goodbye to the cruise in Amsterdam. For a few days we suffered from post cruise syndrome where we found it difficult to do everything for ourselves again. One particularly smart thing we did was to leave our bigger cases in Amsterdam and we travelled very light on the trains. The cases were stored at a Tobacconist shop.

Our first train took us to Paris. The Eiffel tower dominates the city. The Parisians like to argue with each other and blow their horns. We caught buses rather than the metro as many stations were closed to upgrade them for the Summer Olympics. We found Monet's house and garden captivating. Ed decided Monet was a great gardener who could paint! We moved to Carcassonne and explored the medieval city which included the castle rampart walk, only adding another 500m and numerous stairs to the excursion. Our B&B host recommended wonderful restaurants with duck pate, rabbit terrine and a special steak.

It was back on the trains to Ventimiglia on the Italian riviera where we stayed in a B&B built many hundreds of years earlier. The grandfather was on duty at breakfast and we exchanged pleasantries and ordered coffee etc. Then Ed asked him something off script and he looked blank and said he spoke only Italian, Spanish and German. Sign language works well.

We loved Zermatt in Switzerland with the Matterhorn towering in the distance and people walk rather than drive. A quick

Anne and Ed in Budapest



Probus Darwin—Travellers on the move

look at the majestic old city of Bern and its colourful markets and there was just time for green sauce and schnitzel in Frankfurt. Our last night back in Amsterdam left us feeling very smug. Our luggage was on the trolleys for the next day, we'd bought a nice wine and set up properly for the room service. I laid out the water and wine glasses and filled up the ice bucket. We were all set for our long flight home via Singapore.

A few observations we made. People still smoke and vape throughout Europe. Wind turbines and solar panel farms are more accepted in Germany and Austria where people are paid to have them on their land. No payment happens in The Netherlands and it is a more controversial issue. Seed shops in Amsterdam are not for flowers or vegetables. German efficiency does apply to their trains.

Farmers markets in Ventimiglia and Bern had enormous varieties of fruit and vegetables as well as beautiful flowers, breads and deli goods. We found there were dozens of smaller varieties of tomatoes for sale all in a row. They were only rivalled by the berry varieties. In Bern we found an intriguing way to provide power to each stall holder. So much we would like to buy but not enough meals to eat them at.



Tomatoes on sale in Bern

Update from the Darwin Probus Travel Committee

Many people are excited about their upcoming travel plans. Quantas and Jetstar are still being a bit messy but I am sure it will be resolved in plenty of time.

Norfolk Island—12 people going from Palmerston and our Club.

Cruising

**Sydney to Darwin Cruise—
30th January—6th February**

Cabins remaining—18 Balcony and 11 Interior



Darwin to Singapore—6 February to 15 January
including 2 nights at The Clan Hotel and return flights to Darwin.

We have 18 bookings at this stage and P&O have released an additional 8 interior cabins to us this week. These cabins are in addition to the original allocation due to the popularity.

Single cabins from \$2590, Double from \$2930 and Quad from \$5440 .

There are plenty of cabins booked by others in our party and there are so many things to do that staying in your cabin is not much of an option I think.

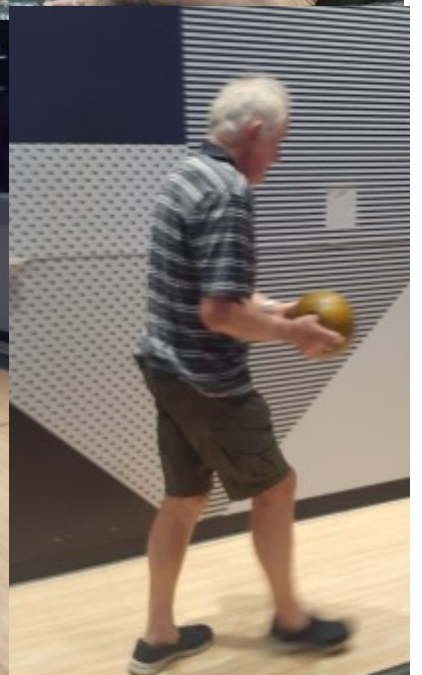
Bookings through ITravel at Jape Homemaker Centre.



Out and about in September



Out and about in September



Out and about in September



Caladiums
NORTHERN TERRITORY

Northern Territory Caladium Festival 2023

Saturday-Sunday 18-19 November 2023
9am-4pm
Foskey Pavilion, Darwin Showgrounds Winnelle

Hosted by
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Literature, Lunch and Laughter

We were a very quiet little group this morning. All three of us! Thank you Colleen for the book suggestion for next month. .

Books read August and discussed September

- **Any title by P G Wodehouse.** Not read
- **Police at the station and they don't look friendly**
 Historical crime fiction during the troubles in Belfast in 1988 under Thatcher's Britain. Well written and a good read.
- **The Children left Behind** English orphanage after World War II. Dedication of one woman, Clara, to keep the children safe. Enjoyed reading this book.
- **An Unwanted Inheritance** Three siblings and a case full of money was found under a bed of their wealthy father after his passing. Very slow to get into but read to the end. Not recommended.

Books to read September and discuss October

- **Demian** by Herman Hesse
- **Kane and Abel** by Jeffrey Archer
- **Lessons in Chemistry** by Bonnie Gamus

Feeling like a lively discussion followed by lunch and plenty of laughter.



We meet on the first Monday of the month and new members are welcome to join us at the Casuarina Club where we meet at 11 to discuss books. eat, drink and be merry.

Next meeting—Oct 2, 11:00am at Cas Sports Club

Stay well, stay safe and happy reading, Bev

October Birthdays

- | | |
|---------------------|--------------------|
| Earl James | Jill Kuhn** |
| Valerie Whinney | Ken Cohalan |
| Ed Howard | Gail Snell |
| Judy Beard | Anwar Latif** |
| Christina Boothby** | Gwenda Smallacombe |
| Kathy Smith | Bev Luke |
| Liesel Gunther | Peter Toll |
| | Betty Lam |

October Anniversaries

- Richard and Henrietta Dempster
 Sandy and Phil DaCosta
 Jill and Chris Kuhn
 Bev and Colin Whitby



Hope you enjoy your special day



Table Tennis Interest Group

Every Thursday 9.00 am—11.00 am
 \$5— 3 hours including bat and ball hire.
 Organised by Charles Darwin Club.
 Contact Chris 0429171326.





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Golf




Probus Golf at Gardens.
 Second Monday of the month.
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 Jeff Mosel ph 0422 187 263

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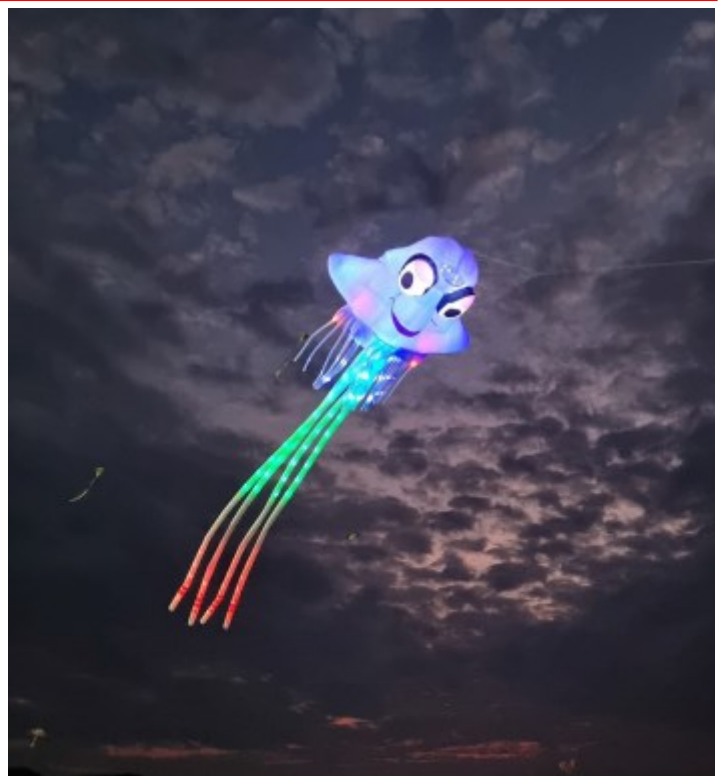


Heart Foundation Walking


Mondays, leaving from Casuarina Square, near the K Mart car centre at 7:30am
 For further details, contact Janet 0432 154 306



Darwin's inaugural Kite Festival at Cullen Bay



← The Men's Table 🔍

 **The Men's Table**
Sponsored · 🌐

The Men's Table, a growing community of men, is coming to the Northern Territory. This non-profit organisation builds groups (or Tables) of 8-12 local men who then meet for dinner monthly to catch up and share what's going on in their lives, both highs and lows and everything in between.

There are now more than 150 Tables all over Australia or more than 1,500 men who attend a Table regularly – building camaraderie, connection and community with their band of mates. Possibly, making friends for life.

We are now forming the 1st Table in the Northern Territory – in Darwin, specifically. If you want learn more about The Men's Table, check our website : themenstable.org ; or call 1800 636 782 or email hello@themenstable.org. We look forward to growing this community of men in Darwin and the Northern Territory.



DARWIN CHORALE AND
CDU ACADEMY OF THE ARTS PRESENTS

DISNEY IN CONCERT

7.30PM 6 & 7 OCTOBER 2023
CHARLES DARWIN UNIVERSITY THEATRE

TICKETS AVAILABLE FROM
www.darwinchorale.org.au

Including songs from;
Beauty And The Beast
The Lion King, Coco
The Little Mermaid
The Jungle Book
Encanto, Moana
Frozen, Tangled

there is also a Matinee on Saturday 7th which will particularly be directed at children. Just in case any members wish to bring Grandchildren.



NORTHERN CONNECTIONS

DISTRICT CONFERENCE
DARWIN NT
3-5 MAY 2024

DoubleTree by Hilton Esplanade
Darwin City

Welcome Reception
@ Parliament House
Engaging speakers
DG Gala Dinner
and much more!

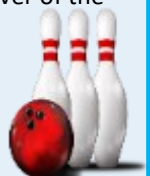
TEN PIN BOWLING

Fourteen members fronted at King Pin for the monthly game of ten pin bowling, many of them coming on a sugar high after coffee and sweets at the favourite coffee place in Millner.

Final scores ranged from the high sixties to the low one hundreds, but no matter the final score or the pleasure of achieving a STRIKE or the grief of just missing that tenth pin, the shriek of joy or the slump of the shoulder were all greeted with cheers and laughter while ducking for cover from our camera wielding president who hoped to achieve all for historical records.

Congratulations to Betty Lam, our highest achiever of the day.

See you next time,
Wednesday 18 October 2023
Chris Kuhn





The Combined Probus Clubs of the Top End

Invite you to a

Fun in the 40's Night

Dinner Dance with The Andrews Sisters

at the Kalymnian Club 46 Batten Road, Marrara

Saturday, 21 October 2023, from 6:30pm

Cost: \$60 per person

Good Friends Great Times New Adventures

Bring a friend, Dress up in a 40's outfit,

Enjoy the meal and the music

RSVP and pay no later than Friday 13th October 2023

Let Janet (ejanet51@gmail), ph 0432 054 306 know if you are coming

BSB 065903 Account 10136723



FROM THE ARCHIVES

Extracts from the Minutes 6 October 1999

Held at the Darwin Sailing Club

Present: Messrs Plew, Simmons, Fisher, Roberts, Giese, Thompson, Dally, Dimery, Kerr, Steven, Taylor, Thompson, Washington, Johnstone, Chin, Larcombe

Apologies: , Blackmore, Dr Bromich McLaren,

Visitor: President extended a warm welcome to Mr Tom Coulthard from England.

Minutes: The meeting adopted the Minutes of the previous meeting.

Correspondence:

Inwards—Probus Newsletter, Probus Rendezvous in Armidale NSW, Warren Snowden, COTA Inaugural Congress, Adelaide.

Outwards—Nil

Treasurer's Report: Bal \$270.70, Receipts \$20, Expenses \$8.55, Bal \$282.15

Christmas Lunch—sub committee to organise and invite Patron, The Administrator, Dr Neil Conn.

Visit to Peter McCauley Centre—..16 members and visitors arrived at the Police Headquarters where they were joined by Dr Alan Bromich. We were welcomed by Senior Sergeant Allan Mitchell who gave the gathering a briefing then lead us on a conducted tour. Members were very impressed with the modern communication and computer system in operation.

Later the gathering were treated to a morning tea in the function room. Commissioner Brian Bates and senior officers were introduced. The Commissioner addressed the gathering and discussed various matters informally.

President Plew thanked the Commissioner and his officers for their welcome and kind cooperation in making our visit such an enjoyable one.

Meeting ended 11:40am.

Can you help?

As there is so much need at present for items to help the Mission to Seafarers to assist the mariners coming in to Darwin it has been decided to keep the collection boxes going for a while longer.

If you are able to help out, the following items are most needed :

Toiletries—soap, razors, toothbrush and paste

Clothing—smaller size underwear, t shirts, socks and beanies.

The boxes will be at the next meeting and the items taken into the Mission.

PRIVACY STATEMENT

The information collected in relation to members shall be held in accordance with the information privacy principles contained in the Privacy Act (Privacy Act, Australia 1998). Each Probus Club shall ensure that it complies with such information privacy principles and shall not disclose any such information, except in accordance with the Privacy Act.

INSURANCE

All financial members of the Probus Club of Darwin Inc. are covered by Probus Insurance. Insurance covers members, visitors and guests whilst attending or participating in a recognised Probus activity function or meeting (age restrictions may apply). Prior conditions may be taken into consideration.

DISCLAIMER

This Directory of Members is for the exclusive use of members of the Probus Club of Darwin Inc. and should not be made available to Non-Members. The information contained in this publication is "Private and Confidential" to Members and is not to be used for any other purpose.