

PROBUS CLUB OF DARWIN INC #355594

Sponsored by Rotary Club of Darwin North Inc

The Probus Club of Darwin Inc. is not for profit and non fundraising. It is non sectarian. Its objects are to stimulate thought, interest and participation in activities at a time of life

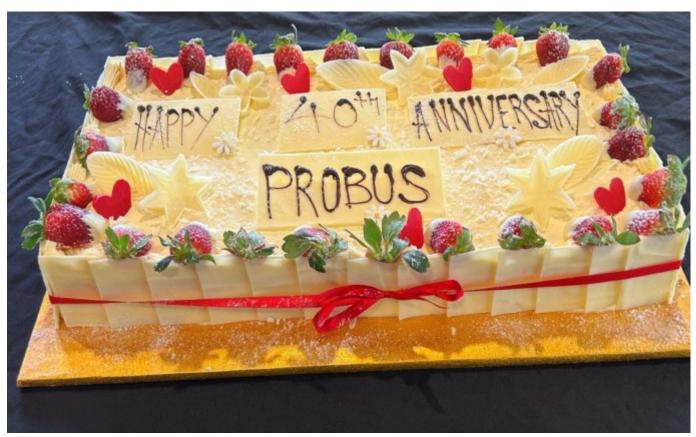
October Bulletin Volume 20 Issue 7

PATRON
His Honour Professor the
Honourable Hugh Heggie AO PSM
Administrator of the NT

PO Box 40452 CASUARINA NT 0811

Web Page: www.darwinprobus.org Email: secretaryprobusdarwin@hotmail.com

Email. Secretaryprobusuarwin@notmail.com



A wonderful month of celebration with cake at the meeting so as many members as possible could have some, followed by a dinner dance with great company, good food and wonderful music to dance and listen to.

Meetings begin at 10:30am and are usually held on the first Wednesday of each month Next meeting
Tracy Village Social and Sports Club
Wednesday, 1 October, 2025
10:30am - General Meeting

Many thanks to the office of Khoda Patel MLA, member for Casuarina, for the printing of our bulletin this month.



hat a party that was on the 17th September at Tracy Village!! Even His Honour, our Patron, found it difficult to leave. Fun, Festivities and Food were enjoyed by all. Thank you to all the members who helped make it a success.

The Powers that run our NT life have accepted our new constitution that was adopted at our August meeting. Now it is time for you to accept the Standing Resolutions which were sent to you some weeks ago. These are the by-laws that help us run our association. I think it is time to ask members to consider

helping manage our club by taking on a role on the Management Committee. This is a part of your acceptance of membership of Probus. Perhaps join the Social or Travel committees. You won't be thrown to the lions but are welcome to attend a meeting or two before next year's AGM in March. Guidance will be provided if wanted.

See you on 3rd October at the Probus Day celebration at the Pearl Recreation Centre. Fun, fellowship, friendship and food!

No words this month but a memory instead. Who recalls the British radio programme "My Word" with Dennis Norden and Frank Muir? I caught up with it on U-tube, of course.

Cheers Lyn Barlow



Guest Speakers







HPA services that can be offered to Seniors and the disabled



Tracy Village
Social and Sports Club
The home of
Probus Club of Darwin Inc.



Previous guest speakers from Aunty's Free Feeds are looking for some help.

If you can please bring in paper grocery bags to the meeting, this will

help with food distribution and be very much appreciated.

The bags will be collected from our meetings.

October at at Glance	
Event Date	Meeting/Event
Wed Oct 1 - 10:30 am	General Meeting, Tracy Village
Fri Oct 3—10:00am— 12:00	National Probus Day, at Pearl Recreation Centre. Bring a small plate of morning tea to share
Fri Oct 3, 10, 17, 24, 31 10:15 am	Craft Group at Cas Club. (Occurs each Friday), coordinator Bev Barnes
Mon Oct 6– 11:00 am	Book Club at Cas Club coordinator Bev Barnes
Wed Oct 8—10:30am	AtGovernment House for a garden tour Bev Aitken coordinator
Tues Oct 21—11:00am	Writing group at Cas Club - coordinator Ron Ninnis
Wed Oct 15—10:00am	Meet for coffee at 10:00am at Caramello Café then 10 pin bowling at 11:00am coordinator Shirley Porte
Wed Oct 15— 6:30pm	Dining Out Bub & Sool Korean, Contact - Maxine Dienelt 0424 283 537
Sat Oct 25—5:30pm	Sunset Drinks at Zen Rooftop. Contact Judy Medley 0403 464 669
Tues Oct 28—1:00pm	Games at Pearl Retirement Village, Coordinator—Maxine
Fri Oct 31—9:30am	Coffee Lovers at MT.8848 CAFÉ, Jape Plaza Contact Maxine



October Dining Out

Bub & Sool Restaurant, Korean Restaurant

28 Mitchell Street, Darwin

15 October, 2025 6:00 for 6:30 pm

Contact - Maxine Dienelt 0424 283 537



Better for life®

Southern Cross Care is your local provider of healthy ageing services, supporting you to be Better for life.

- Health & Fitness
- Home Care & Nursing
- Residential Care & Respite
- Retirement Living

Talk to us today on 1800 852 772.

SouthernCrossCare.com.au

Southern Cross Care (SA, NT & VIC) Inc, ARBN 129 895 905, South Australia, liability limited:

GARDEN CLUB

29 garden club lovers enjoyed a wonderful morning wandering around Anne and Ed's very interesting garden. Many thanks to Anne and Ed for their hospitality.

Guest speaker—Ed Howard shared his knowledge about potting mixes to help grow a range of healthy plants. Ed demonstrated by adding coria garden fibre mixed with water, potting mix, blood and bone and npk trace elements into a large pot.

Many thanks to Anne for providing cakes and a range of goodies for morning tea. Lucky door prizes were Ed's very impressive fruit and veggie baskets

Next get together is at Government House on Wednesday, 8 October at 10:30am for a tour of the gardens and morning tea..



If you wish to go to this garden club meeting it is essential that your name is recorded on the sheet available at the meeting—this will enable security checking upon entry. You are asked to wear your club name badge on the day. This is an invitation extended by the Administrator for Probus Garden Club members.

Bev Aitken—Coordinator ph 0412 196 032

Thank you

Many thanks for the provision of a grant through the Community Benefits Fund and Northern Territory Government.

The grant was used toward making the celebration of Probus Club of Darwin, 40 year in Darwin. A memorable event

Members who attended had a wonderful night and feel the acknowledgement of this milestone was very important in the history of both the Probus Club of Darwin and the Probus community.

Probus Day

National Probus Day will be celebrated by the 4 Top End Clubs on Friday, 3 October.

10:00am—12:00 at Pearl Leisure Centre.

Please bring along a small plate of morning tea to share.

The morning promises to be fun with music and each club providing an item for entertainment.

Seniors' Snippets Ken Cohalan OAM

*Port of Darwin was selected by Surveyor-General Goyder in1869. he mapped an impressive survey area of 1040 square miles comprising



allotments in 4 township sites and 2236 rural lots.

- *If **travelling** to UK there are plenty of Probus Clubs you may wish to visit. There are over 300 with the first started in 1970.
- *Aged Pensioner—it has been announced that on 20th September 2025 Centrelink will increase the aged pension by \$29.70 per fortnight for single and \$22.40 per couple.
- *NT Senior Recognition \$550 Visa. These have now all been distributed.
- *Excellent service has recently been provided to Connie and myself, with a smile, by a range of businesses—Juanita Aged Care, city branch of NAB, Amplifon Hearing Centre Casuarina.

Board Games

Come and join us playing your favourite Board Games at Pearl Recreation Centre. Lots of challenges and fun. 31 October 1:00pm

Maxine Dienelt—Coordinator

Golf

Contact
Jeff Mosel ph 0422 187 263
For dates and times





Table Tennis Interest Group

Every Thursday 9.00 am—11.00 am \$5— 2 hours including bat and ball hire.

Organised by Charles Darwin Club. Contact Chris 0429171326.

Probus Club of Darwin Bank Account

Account: Probus Club of Darwin Inc.

BSB: 633000

Account Number: 226771376



Coffee Lovers!

MT.8848 CAFE Jape Plaza

9:30am October 25

Contact Maxine Dienelt Ph 0424 283 537



Heart Foundation Walking

The regular walking group is on Mondays, leaving from Casuari-

na Square, near the K Mart car centre at 7:30am

For further details, contact Janet 0432 154 306

October Birthdays

Earl James

Valerie Whitney***

Ed Howard**

Judy Beard

Kathy Smith

Jill Kuhn

Ken Cohalan***

Gwenda Smallacombe

Bev Luke

Peter Toll**

Betty Lam

Molly West

October Anniversaries

Richard and Henrietta Dempster

Jill and Chris Kuhn

Bev and Colin Whitby

Hope you enjoy your special day

Out and about in September











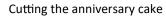












Out and about in September

Probus Club of Darwin celebrated their 40th anniversary on 17 September 2025. Beginning as a men's only club in 1985, the club has grown, gone down the path as a combined club and fulfilled a need within the Community to bring fun, friendship, fellowship, to a wide range of people. The Administrator of the NT office bearer has been our Patron throughout. Over the 40 years there have been an extremely wide range of guest speakers, activities, visits to points of interest around Darwin and beyond, including hosting the 2010 Probus Rendezvous, having our own Olympics, travelling to Timor. We made it through Covid

with virtual meetings,. The club aims to offer something for everyone with interesting guest speakers; a range of interest groups including gardening, books, writing, 10 pin bowling, golf, board games and crafts; regular dining out at a variety of restaurants and coffee mornings.

Everyone who went along for the night thoroughly enjoyed themselves. Food was good and the music excellent and brought back many memories. Joining Probus Darwin members were Probus members from Palmerston, Marrara and Charles Darwin together with our Patron, Administrator Professor Hugh Heggie and his partner and Rotary Club of Darwin President Kiran McLaranFollowing are some of the comments received.

A lot of preparation by a hard working group of people produced our fabulous Dinner last night. We celebrated Darwin Probus Club's 40th Anniversary. Never say Senior's don't know how to party!

And party we did! Such a great celebration for our Probus Club's 40th Anniversary!

Thanks Lyn, Another great night out.

It sounds like it was a lovely evening and we were so sad to miss it.



Love some of the photos!! Thank you to everyone who put in the effort to produce a fabulous evening.

Thank you everyone for a very successful evening

Thanks to you and your team it was an absolutely fabulous evening. All I spoke to had a great time. Good food, good music











Traveller's Report PT 2 by Mary Martin and Di Lunn

Mediterranean Treasures Cruise, the next adventure. In the first episode of this travelog, I referred to our cruise. In fact, boarding in Venice was the start of two back-to-back cruises ending in Istanbul. But, before I start on the cruise, some interesting info about our ship the Caledonian Sky and its past association with Darwin. Caledonian Sky is a small ship that carries around 100 passengers and a similar number of crew.



For some time, she was one of the Kimberley flotilla that made

northern Australia into a cruise bucket list destination. In September 2023, as she was about to set off for a new life with Captain Cook Cruises in Fiji, she was arrested. Apparently, this was the result of a financial dispute between the ship's owners and its management company. This meant she floated around Darwin harbour for several weeks, with a skeleton crew, until the caveat was lifted. Why do I know this, because the Darwin Mission to Seafarers was keeping a watchful eye on the seafarers on board. Interestingly, the Assistant Cruise Director, the only Australian crew on our cruise, had left the Caledonian Sky in Broome, its last port of call before the arrest in Darwin harbour.

The passenger and crew composition on our cruise was also quite different. Almost all the passengers were from various places in Australia with a few from the UK and two from the USA. Di and I were the only Territorians. In considerable contrast were the nationalities of the crew: a Captain from Poland, his first mate from the Philippines, the Cruise Director from Hungary, the Ship's Doctor from the Ukraine, the Head Chef from Serbia, the Hotel Manager from the UK, and the hospitality and housekeeping staff largely from the Philippines with a handful of people from Bali and India.

And now back to our cruise. Our sail away on the Caledonian Sky was amazing. From our vantage point we saw island after island as the ship moved further into the Mediterranean Sea. Someone, more familiar with Venice and far more knowledgeable than I am, informed me that beyond the tourist precinct of the city, the islands of Venice are designated for specific purposes e.g. growing vegetables, burying the dead etc.

Sibenik, Croatia was our next first port of call where we were bussed to the Krka National Park. Krka offered

waterfalls, pools, wildlife and history and many, many more steps than we envisaged. It was at this point we realised that steps and steep inclines were to be features of this holiday. Before leaving our ship, passengers were asked to choose tours based on three various fitness levels: gentle; regular; fast. Of course, the gentle option was our choice. We were told the best vantage point to take in Krka was below, some 100 plus steps. However, we chose to take it all in from the top, wondering aloud if perhaps we should have visited these Mediterranean Treasurers when we were younger!



But wait there is more!!!!! The next port of call in Croatia was Korcula,

with a walking tour of the birthplace of Marco



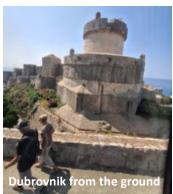
Polo and a wine tasting. Our guide, a native of the town, knew and spoke to everyone we passed. It seems claiming to be the birthplace of Marco Polo is a popular pastime in Europe. Some ten or eleven places have laid claim to such fame. But, as with many historic claims, whether in Europe or elsewhere, commercial gain appears to underpin Korcula's assertion. We were told the lady who owned the tower adjacent to the Marco Polo house made a living charging tourists for the privilege of viewing his place of birth from above. Then it was on to a wine tasting. Our drive to the winery took us past ancient olive The next port of call was Dubrovnik and was highlighted in the cruise directory as a "place to learn about the city's walls on an informative guided tour". We were calm in the knowledge that we were on the gentle walkers' tour, until we found ourselves at the base of the city

walls facing a 90-step climb and a 2 kilometre walk atop the city walls. It was at this point we opted to stroll

Traveller's Report cont

by Mary Martin and Di Lunn

around the ancient buildings inside the city walls, explore the history from the ground and the wide variety of shops and markets. A most important discovery was that Dubrovnik makes great chocolate.



On day five of the cruise, we arrived in Montenegro. Di chose to "Enhance our Journey" at Kotor with a walking tour which culminated in a cable car ride to the summit of Lovcen Mountain with its commanding views of the bay and national park. The view was spectacular and the mode of getting there sure beat climbing stairs.

And then it was back to Italy. Otranto is on the site of an ancient Greek city with Byzantine, Norman, Argonese and Ottoman influences making it what it is today. Highlights were a medieval castle, dating back

to the 15th century, complete with cannon ball holes in the stone walls, evidence of invaders from long, long ago, and a 12th century cathedral. Symbols of Judaism, Christianity and Islam are displayed side by side in the mosaic tiles on the cathedral floor.





Itea was our next stop for a bus and ground tour of the sacred site of Delphi. Like many of the sites we visited Delphi is an active archaeological dig, clearly there is much more of its history yet

to be revealed. Outside, we again scrambled up steps and very uneven slopes to visit the Sanctuary of Apollo and the partially reconstructed Treasury of the Athenians. But, Delphi revealed much, much more. The Delphi Museum gave to us history and the treasures that had been uncovered, some reconstructed, others as they were unearthed. What's more all of this was in airconditioned comfort and without steps.





However, the best was yet to come. The size of our ship meant we were treated to a trip through the Corinth Canal. This is out of the question for most cruise ships as they are far too big to pass through this narrow passage which is only some 21 metres wide. Completed in 1893, this 6.4 kilometre canal cuts through the





Isthmus of Corinth and takes 600 kilometres off the cruise to Athens. With an experienced pilot on board the ship, and very little room either side, we navigated to the Corinthian Gulf. Watched in awe not only by the passengers on board but also by a crowd of locals on the bridge above. And then we were in Athens along with thousands of other cruise passengers and tourists. Getting to the icons of this city was made a little easier by the paving and but still there were steep slopes and many steps to traverse. Our goals the

Acropolis and Parthenon silhouetted high above us. I have to say that I found the going this time much, much harder than I did when I visited the site more than ten years ago.

The museum revealed a plethora of statues and artifacts both in their original state and reconstructed from pieces uncovered. Di suggested that given the many of the noses and other extremities missing from the statues, the services of a plastic surgeon were badly needed. It was here we heard that may of the artifacts are held in museums in other countries, the spoils of wars and occupations. Perhaps our greatest discovery in the museum was a working elevator that allowed us to avoid some of the stairs!

And then it was a bus trip back to the port of Piraeus through central Athens and past the unique changing of guard in front of the Hellenic Parliament the guard in front of the Hellenic Parliament. And with another Captain's welcome function we were off on the second leg of our cruise – destination Istanbul

Literature, Lunch and Laughter

8 of us met for Book Club today, great discussion and a lovely lunch to follow for those who stayed. Welcome Jane to the group.

Read August discuss September

The Unique Grave—by Dervia McTiernan

Review: Brian enjoyed but did not realise the characters were from her previous books. Margaret enjoyed. Mary enjoyed, knew the characters but this novel was able to be read as a stand alone.

The Great Escape from Woodlands Nursing Home by Joanna Neil

Review: Mary, Robyn, Bev, Trish all enjoyed the read.

When the Lion Feeds by Wilbur Smith

Review: Brian thought this was his best book. Bev read it when first published but no longer enjoyed the style of writing.

Tai-Pan by James Clavell

Review: Brian and Jane had previously

read it.

Read September discuss October

The Boy in the world or 4 letters of love— by Niall Williams

The Bath Conspiracy –by Jeannie M Adams We Solve Murders—by Richard Osman The Other Boleyn Girl—by Phillipa Gregory

Read October discuss November

The Wife and the Widow—by Christian White Intermezzo—by Sally Rooney
The Remarkable Mrs Reiby—by Grantlee Kieza Hamnat—by Maggie O'Farrell

Read November discuss December

The Elgin Conspiracy— by Julia Golding
The Ledge—by Christian White
The Woman—by Kristin Hannah
When you are mine (bk 1); White Crow (bk 2) - by
Michael Rowbottom

We meet at the Casuarina Sports Club every first Monday of the month at 11am. If you enjoy reading, this is the golden opportunity to join us and share your reading experiences. Stay well and stay safe and happy reading.

Mary Greenup for Bev Barnes, Coordinator





TEN PIN BOWLING

A select few gathered for coffee at Caramella prior to our monthly ten pin bowling session.

Ron started well with a strike in Round 1, going into the lead until round 3. Richard then took over pole position until round 9 when he got a strike increasing his lead by a large margin. In round 4 Diane went into second place and remained there to the end of the game.

Lynette, Nancy, Cheryl, Ron, Mara and Tony all had 3rd place at some time throughout the game but in spite of their best efforts only 2 players achieved over 100. Richard triumphed however with a magnificent score of 130, followed by Diane 108 and Nancy 97.

In lanes 21 and 22 some scores were a bit suspect which possibly robbed Mara and Henrietta of valuable points which was reported to the desk.

total strikes 3 (one more than last month) total spares 18 (a bit down on last month's 27) Next month we meet up on Wednesday 15 October when Maxine will be co- ordinating. Hope to see you then.

Next month we meet up again on Wednesday 15 October.

Hope to see you there.

Shirley Porte, Coordinator.





Morning tea at De La Plague. The birds are potential members but will need to improve their table manners before induction.

Writing Group

September meeting

The Darwin Probus Writing Group met at the Cas Club on the third Tuesday, as usual. We practiced some exercise writing in our "write-up", with the topic "It's just rained!" We also chose the next topic of the month, which is "The road trip."

Anyone can send in their contribution. You can write about a real road trip, or a metaphorical one -the journey of life- or even a theological one - Just write.

This should be an easy topic.

All contributions accepted: just email.

Good writing!

Ron Ninnis, Coordinator

Get busy Living!

Greenfields Living are the operator of two unique Independent Living Communities, committed to providing safe and secure Retirement Villages for over 55s.

What are you waiting for! Leave the gardening and maintenance to us and enjoy your retirement.









Private Appointments Available BOOKINGS ARE ESSENTIAL

Find us on Facebook

6

1300 669 755



enquiries@greenfieldsliving.com.au



greenfieldsliving.com.au





Regis feels right

Home Care

Are you looking for Home Care in Darwin?

At Regis, our Home Care team supports you through change, helping you stay independent and comfortable in your own home.

Pop into our office for a friendly chat and free consultation.

Regis Home Care Darwin 11 Creswell Street Tiwi NT 0810 08 8920 2430





Welcome

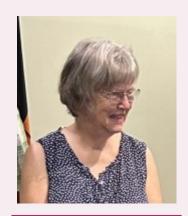
Three new members were inducted into Probus Club of Darwin on Wednesday, 3 September



Beatrice Dubach



Alan Utting



Pam Utting



Sunset Drinks

At Zen Rooftop on 25 October, at 5:30pm Contact Judy Medley, ph 0403 464 669

FROM THE ARCHIVES

Extracts from the Minutes 3 October 2001 Held at the Darwin Bowls Club

Present: Messrs Thompson, Dally, Taylor, Maidment, Washington, Scott, Simmons, Raby, Plew, Blackmore,

Apologies: Johnstone, Upton, Short, Fisher

Kerr, Steven, Roberts, Chin, Bromich

New Member: M Maidment

Minutes: The meeting adopted the Minutes of the

previous meeting.

Correspondence: Inwards Probus News Spring Issue, Commonwealth Centre Link, Seniors Cards Stickers

Outwards—Nil

Treasurer's: Report Opening balance \$537.72, Expenses \$7.45, Closing balance \$530.07

General Business—Mr Plew informed the meeting on the achievement of Mr Bill Kerr and the honourable mention in a recent journal published recently. Members congratulated Mr Kerr on his success.

Xmas Lunch—The meeting approved the Xmas lunch function to take place at the Darwin Trailer Boat Club on Wed 5 December 2001. Quote \$14.90.

It was agreed that each member pay \$17 to cover for incidentals.

Invitation to be sent to Patron and his wife.



Welfare Support

Karin Promchinwong

has offered to undertake this role for the club.

Ph 0429 474 779

PRIVACY STATEMENT

The information collected in relation to members shall be held in accordance with the information privacy principles contained in the Privacy Act (Privacy Act, Australia 1998). Each Probus Club shall ensure that it complies with such information privacy principles and shall not disclose any such information, except in accordance with the Privacy Act.

INSURANCE

All financial members of the Probus Club of Darwin Inc. are covered by Probus Insurance. Insurance covers members, visitors and guests whilst attending or participating in a recognised Probus activity function or meeting (age restrictions may apply). Prior conditions may be taken into consideration.

DISCLAIMER

This Directory of Members is for the exclusive use of members of the Probus Club of Darwin Inc. and should not be made available to Non-Members. The information contained in this publication is "Private and Confidential" to Members and is not to be used for any other purpose.