



PROBUS CLUB OF MARRARA INC

Probus Club of Marrara Inc is not for profit and non-fundraising. It is non-sectarian. Its objects are to stimulate thought, interest and participation in activities at a time of life when it is easy to become complacent and self-centred

PRESIDENT
KEN BARNES OAKE
0418 835 644

NEXT MEETING THURSDAY
9th AUGUST, 2018

ACTING SECRETARY
EAN THORNE OAM
0417 082 182

PATRON
Kate Worden MLA
Member for Sanderson

PROBUS CLUB OF MARRARA INC # 29004202
PO BOX 39185, WINNELLIE, NT. 0821
Sponsored by Rotary Club of Darwin South Inc.
Web Page

8th JUNE 2018
Volume 1 # 3

MEETINGS HELD ON THE SECOND THURSDAY OF EACH MONTH (EXCEPT JANUARY), 9:30 FOR 10:00 AM AT THE PINT CLUB, 165 ABALA ROAD, MARRARA, NT. 0812
If not delivered please return to: PO Box 39185, NT. 0821

Photo courtesy Mark Christie of MKT Aerodrome

KEN'S KOMMENTS (FROM THE EDITOR'S DESK)



G'day to all my Probus friends,
I can't really express my sorry for missing the last couple of meetings. Doctors visits have been my total time taker. I will give you all a full run down at this Thursday's meeting.

It has been pleasing to note that Acting Secretary Eean and Treasurer Ron have beavered away at the task in hand. Reports indicate that the Probus Club of Marrara Inc is in safe hands and will have an assured future if we all pull together and work for growth.

Growth for growths sake will never cut the mustard, but growth for development and to follow a plan will always work.

My involvement with Probus is everything I had hoped it would be. Helping my fellow seniors is my goal. If I tell you today I want to climb a higher mountain, will you help.

Yours in Probus,

Ken

PROFILE - RAY ANDERSSON



Raymond Victor Andersson, ASM. RSecP. CCSMS. CATS. ICPS. FCiSCM. AFIML, born in Sydney, NSW is a First Fleet descendant and recognised in Australia and internationally as an international, national, and corporate security professional.

Growing up in country NSW, I undertook my primary education at Temora Primary School before a family move to Sydney where I attended Granville Boys High and Birrong Boys High School.

I served my country in the Australian Army between 1972 – 1998. In my time in Defence and afterwards, I developed a professional skill-set as a Strategic Security and Crime Prevention Executive who had an outstanding career of over thirty years in providing advice and leadership on security and crime prevention in many levels of military,

government, business, education/training and mining fields and was actively involved in professionalising the security industry through advocating advanced education, training and codes of conduct, where I has 'walked the talk' in Australia and internationally

I was awarded the Australian security industry's award of Australian Security Medal for Conspicuous Service in 2017.

I remains an elected member and Northern Territory of Australia representative on the Australian Crime Prevention Council.

Rays professional profile in international security includes being a:

Freeman of The Worshipful Company of Security Professionals. Elected by the City of London Court of Common Council to the status of 'Freeman of The City of London as a Security Professional',

Member of ASIS International, a global community of security practitioners, each of whom has a role in the protection of assets - people, property, and/or information where I am a volunteer leadership member of the Crime and Loss Prevention Council,

Member of the International Society of Crime Prevention Practitioners, qualified as an International Crime Prevention Specialist, and Fellow of The Chartered International Institute of Security and Crisis Management.

I have represented the Australian security profession in Washington, London, Beijing, Singapore, Kuala Lumpur and Jakarta and had work published on a range of security and crime prevention matters. I have been a guest speaker and panel member at security, crime prevention and anti-terrorism conferences and forums in Queensland, the Northern Territory, Kuala Lumpur and Beijing.

My transition to full retirement has allowed me to take up the opportunities made available to transition to a more relaxed lifestyle as a senior citizen whilst maintaining some national and international interests where my input can be of positive benefit.



OUR GUEST SPEAKER

ALLAN MITCHELL

My Camino - Allan Mitchell's 700km walk on the Camino de Santiago in Northern Spain over 37 days earlier this year'

VOTE OF THANKS

KEN COHALAN OAM

BIRTHDAY WISHES FOR AUGUST 2018

President Ken Barnes Oake

Maureen Egan



Happy Birthday KEN and MAUREEN

SPECIAL INTEREST GROUPS — 2018

BOOK CLUB



**MONDAY 3th SEPTEMBER
MEETS AT THE
CASUARINA CLUB**
(in conjunction with the PCDI)
AT 11:00 AM
Contact Sheena Short
08-8985 4406

GARDENING CLUB WED 12th SEPTEMBER



**2018 at
TRAILER BOAT CLUB**
8 Atkins Drive, Fannie Bay
(in conjunction with the PCDI)
Start 10:30am
Phone Bev Aitken 0412 196 032
Q and A Bring a plant to raffle

DARWIN TRIPE CLUB WEDNESDAY 12TH SEPTEMBER, 2018



MANOLI'S GREEK TAVERNA
64 Smith St, Darwin City
12:00 noon for 12:30pm
ENJOY TRIPE COOKED THREE DIFFERENT WAYS WITH
BAKED VEGETABLES.
PLEASE BOOK EARLY
\$30.00 PER PERSON

10 PIN BOWLING WED 15TH AUGUST 2018



PLANET 10 PIN BOWLING
9:30 for a 9:45am START
(in conjunction with the PCDI)
69 Progress Drive, Nightcliff,
\$8.50 per person
(includes shoe and ball hire)

Morning Tea at "The Groove" after

GOLF MONDAY 27TH AUGUST 2018



GARDENS PARK GOLF CLUB
8:30 FOR 8:45 AM START
(in conjunction with the PCCDI)
\$12.50 GREEN FEES
\$25.00 BUGGY HIRE (2 PROBARIANS)
HOPE TO SEE YOU THERE—PP ROS POCOCK

DINING OUT



**PINT CLUB MARRARA
OUR MEETING HOME
THURSDAY 6TH
SEPTEMBER 2018**
165 Abala Road, Marrara,
6:30 FOR 7:00PM
LICENCED AND YOU CAN PAY
SEPARATELY

**COME ALONG AND
SUPPORT OUR CLUB. I'M SURE YOU WON'T
BE DISAPPOINTED.**



SENIORS MONTH, PROBUS CLUB OF CHARLES DARWIN INC

**DARWIN HARBOUR CRUISE
10:00 AM TILL 12:00 NOON**

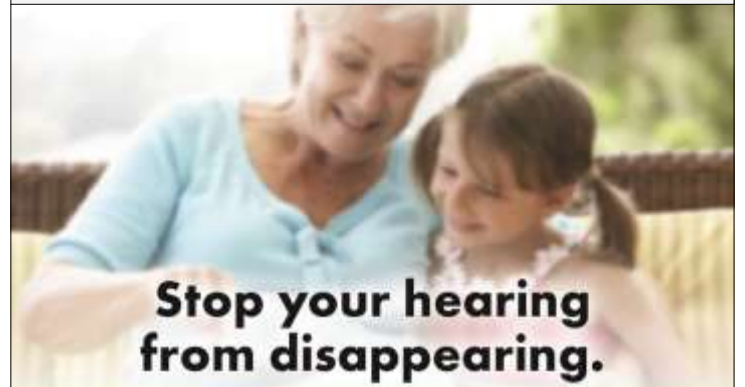


**INCLUDES MORNING TEA & EXPERT COMMENTARY
TUESDAY 21ST AUGUST 2018**

**CRUISE LEAVES FROM CULLEN BAY FERRY
TERMINAL. BE THERE AT 9:00AM**

BOOK AND PAY FOR YOUR TICKET AT:

<https://www.eventbrite.com/e/seniors-month-probus-darwin-harbour-cruise-tickets-47005186779>



**Stop your hearing
from disappearing.**

Call 1800 940 951 to book a
FREE* Hearing Check at AudioClinic
Fannie Bay or Palmerston



LUNCHEON — POST MEETING



"The Table of Knowledge" will meet post meeting luncheon. Simply join the other members in the dining area of the Pint Club, solve the problems of the world, have a relaxed lunch, get to know your fellow Probus members and enjoy.

MEET OUR NEWEST MEMBERS



Shirley Andrews



Maureen Egan



Valmae van Hees



Ray Andersson

PLEASE MAKE THEM MOST WELCOME IN THE SPECIAL MARRARA WAY

Hands up if you



love Fridays



At my age...
"Gettin' Any?"
 means sleep!

www.cafepress.com/GeezerShop

DEAR DIARY



DATES TO REMEMBER

9th AUGUST **NEXT GENERAL MEETING**

PINT CLUB 9:30 FOR 10:00 AM
 Guest Speaker—Allan Mitchell

12TH SEPTEMBER **DARWIN TRIPE CLUB**
MONOLI'S GREEK TAVERNA

WEDNESDAY 12TH SEPTEMBER
12:00 FOR 12:30
BOOKINGS ESSENTIAL

15th AUGUST **10 PIN BOWLING**
 (IN CONJUNCTION WITH PCDI)
WEDNESDAY 15th AUGUST
AT THE PLANET 10 PIN
BOWLING CENTRE, NIGHTCLIFF
9:30 for 9:45am START

27th AUGUST **GOLF GROUP**
GARDENS PARK GOLF CLUB MONDAY 27TH AUGUST
8:30 FOR 8:45AM START
\$12.00 GREEN FEES
\$25.00 BUGGY HIRE (FOR 2 PROBARIANS)

6th SEPTEMBER **DINING OUT**
PINT CLUB
165 Abala Road, Marrara
THURSDAY
6TH SEPTEMBER, 2018
6:30 FOR 7:00PM

3rd SEPTEMBER **BOOK CLUB**
1ST MONDAY OF EACH MONTH
IN CONJUNCTION WITH PCDI (3rd September)
At 11:00am
Contact Sheena Short 08-8985 4406
CASUARINA SPORTS CLUB
ALL INTERESTED BOOK PEOPLE ARE ALWAYS WELCOME

12th SEPTEMBER **GARDENING CLUB**
 (IN CONJUNCTION WITH PCDI)
WEDNESDAY 12th SEPTEMBER AT
TRAIER BOAT CLUB
STARTS 10:30AM
Q and A BRING A PLANT

EVERY SATURDAY **ZUMBA GOLD FOR SENIORS**
CDU FITNESS CENTRE—LAKESIDE DRIVE
8:45 to 9:45am—\$10.



RED WINE PEAR, POLENTA AND RICOTTA CAKE

This red wine pear, polenta and ricotta cake will go down a treat for morning tea.

Preparation Time 20 minutes

Cooking Time 90 minutes

INGREDIENTS (serves 10)

- 2 packham pears, peeled, cut into wedges
- 1 1/2 cups (375ml) red wine
- 1/2 cup (100g) caster sugar
- 1 1/2 cups (225g) self-raising flour
- 1/2 cup (75g) plain flour
- 1 cup (200g) caster sugar, extra
- 3/4 cup (140g) polenta (cornmeal)
- 125g butter, melted
- 2 eggs
- 1 tsp baking powder
- 1 cup (250g) fresh ricotta
- 1 tbs finely grated orange rind
- 1/2 cup (125ml) orange juice
- Double cream, to serve

METHOD

1. Place pears, red wine and sugar in a large saucepan over medium heat. Cut a piece of greaseproof paper into a disc to fit the top of the saucepan. Bring pear mixture to a simmer. Reduce heat to low and cook, covered with greaseproof paper, for 30 minutes or until tender. Remove from heat and set aside to cool completely.

2. Preheat oven to 160°C. Grease and line the base and side of a 22cm round (base measurement) cake pan with baking paper. Place flours, extra sugar, polenta, butter, eggs, baking powder, ricotta, orange rind and juice in a large bowl. Use an electric mixer to beat until well combined.

3. Use a slotted spoon to transfer pears to the base of prepared cake pan. Pour over cake mixture and smooth the surface. Bake in preheated oven for 1 hour or until a skewer inserted in the centre comes out clean. Remove from oven and set aside in the pan to cool completely.

4. Meanwhile, place the pear syrup over high heat and bring to the boil. Cook, stirring occasionally, for 5 minutes or until syrup thickens. Remove from heat and set aside to cool.

5. Turn the cake onto a clean surface. Cut into wedges. Drizzle with syrup and serve with double cream, if desired.



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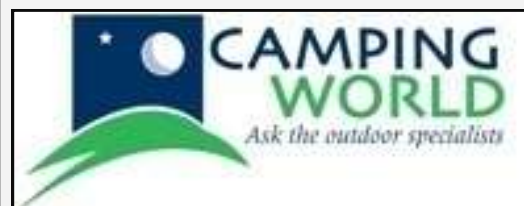
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Phone: 08 8941 9955

Darwin Podiatry is a specialist clinic, that deals exclusively with conditions affecting the foot and ankle, as well as treating problems associated with the shins, knees, hips, and lower back which result from the influence of foot function.



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IRISH JOKES —because the Irish have a quaint way with words.

Like the Irish patient who hobbled into the Surgery waiting room.

"I hope to God the doctor finds something wrong with me because I'd hate to feel like this if I was well!"

Murphy dropped dead the moment he arrived home from a vacation in the tropics.

He was laid out in the coffin for friends and neighbours to pay their last respects.

"He's got a great tan," Mrs Doolan from next door mused. "The holiday did him the world of good."

"And he looks so calm and serene," said Mrs McGuinness.

"That's because he died in his sleep," explained Mrs Murphy, "and he doesn't know he's dead yet, but when he wakes up, the shock will kill him!"

Murphy arrived home late from the pub, well oiled and ready for trouble.

"Is that you Murphy?" called his wife.

"Byjasis! It damned well better be!"

"Your glass is empty O'Flaherty, will you be having another?"

"And why would I be wanting two empty glasses?" replied O'Flaherty.

Two tough union men were working on a building site when Murphy fell from the second floor scaffolding.

"Are ya dead?" cried Gallagher from above.

"To be sure I am," replied Murphy.

"You are such a liar Murphy that I don't know whether to believe you or not!" called Gallagher.

"That proves I'm dead," said Murphy's voice from the rubble below,

"because if I was alive you wouldn't be game to call me a liar!"

Paddy and Shamus were hitchhiking.

"It's best if we split up," said Paddy. "I will meet you in the next city under the town hall clock".

Later that night Shamus was waiting at the appointed place when Paddy drove up in a swank car.

"Where the hell did you get that?"

Paddy explained that he had just walked a little way when a beautiful woman picked him up. She drove into the woods, got out and took all her clothes off.

"She said I could have anything I wanted, so I took the car," said Paddy.

"Good choice too," said Shamus. "You'd look ridiculous in her clothes."

The last is always best

Bloke from Barnsley with piles asks chemist,

"Nah then lad, does tha sell arse cream?"

Chemist replies "Aye, Magnum or Cornetto?"



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SENIOR SNIPPETS by Ken Cohalan OAM

Senior Month August – the calendar of events now available from COTA, your Club or nears Electoral Office or online www.cotant.org.au/territory-senior-calendar

Senior Recognition Scheme (SRS) - Minister Dale Wakefield MLA launched the program at COTA NT 12md 21 June 2018 All Senior Territorians over 65 yrs. and lived in the NT 183 days. Make sure you are registered for your \$500/year concession for Travel or Water or Electricity. Casuarina – Cascom Plaza Building 2B1 Scaturchio St. or online www.ntconcessions.nt.gov.au

NT Senior Forms – Connie and I went to the Casuarina Office picked up forms (4 pages) completed at home (although can do there) returned and they entered the details. They are very helpful.

2 hour Harbour Cruise – 21st August 9.30am to 12md Venue Cullen Bay Ferry at 10am sharp. \$30 includes morning tea. tickets must be purchased through Eventbrite : Contact Eean Thorne OAM 0417 082 182 or eean.thorne@hotmail.com

Loneliness – is said to be as bad for a person health as smoking 15 cigarettes a day and twice as deadly as obesity. So if you no someone on their own invite then to Probus.

Handbag Theft – suggestion from Crime Stoppers
 Never leave handbag or purse in the trolley while shopping
 Keep minimal amounts of cash in your wallet or purse.
 In cafes or restaurants do not hang bags on back of chairs
 Keep them on your shoulder or lap or between your feet on the floor
 Be mindful of distractions; thieves working in pairs they may divert your attention
 When using public toilets be wary of using the dedicate hooks on the back of the toilet doors as thieves reach over and attempt to steal bags



ONE DOES NOT SIMPLY
 describe this image.



Do you have any camping gear, sleeping bags etc that is taking up space in your spare room or shed? Call Eean Thorne and we will pass on to the Scouts or Girl Guides.

It's not the **YEARS** in your life that count It's the **LIFE** in your years

Combined Probus Sports Challenge

Probus Clubs of Darwin, Palmerston, Charles Darwin and Marrara
Wednesday, 29 August
Tracy Village Verandah
10:00am



face cream, nearest the pin, stack of nuts, suck it up, horseshoes, tic tac toe, hoop ball, thong throw,



Come and join in the fun. Whatever your level of fitness and ability there'll be a game for you.

PRIVACY STATEMENT

The information collected in relation to members shall be held in accordance with the information privacy principles contained in the Privacy Act (Privacy Act, Australia 1998), Each Probus Club shall ensure that it complies with such information privacy principles and shall not disclose any such information, except in accordance with the Privacy Act.

INSURANCE

All financial members of the Probus Club of Darwin Inc. are covered by Probus Insurance. Insurance covers members, visitors and guests whilst attending or participating in a recognised Probus activity function or meeting (age restrictions may apply)(prior conditions may be taken into considerations)

DISCLAIMER

This Directory of Members is for the exclusive use of members of the Probus Club of Darwin Inc and should not be made available to Non-Members. The information contained in this publication is "Private and Confidential " to Members' and is not to be used for any other purpose.