

Volume 2 # 1
14 January 2019



PROBUS CLUB OF MARRARA, INCORPORATED

Club No: 29004202

PRESIDENT

KEN COHALAN OAM

PATRON

Kate Worden MLA

Member for Sanderson

SECRETARY

RAY ANDERSSON

Marrara Probus Club Bulletin



Club Information

Probussouthpacific Club of Marrara Inc.
Club Number: 29004202
District: 9550

Sponsored by Rotary Club of Darwin South Inc.

Email: marra@probussouthpacific.com.au

Website: <https://www.probusmarrara.com.au/microsites/marrara>

**The Probussouthpacific Club of Marrara meetings are held on the
second Thursday of each month (except January),
9:30 for 10:00AM at the PINT Club, 165 Abala Road,
Marrara, NT, 0812**

Probussouthpacific is all about Friendship, Fellowship and Fun in retirement. Probussouthpacific provides you with the opportunity to join together in clubs and to progress healthy minds and active bodies through social interaction and activities with retirees in your community.

Probussouthpacific opens the door to new experiences and friendships, you can hear wonderful guest speakers, stay active by participating in a wide range of activities and explore your community, your country or the world. Probussouthpacific offers a range of member benefits and to quote a recent Probussouthpacific Club member "the day I joined my Probussouthpacific Club, I instantly had 100 new friends" – That is Probussouthpacific, Friendship, Fellowship and Fun.

Probussouthpacific Club of Marrara Inc. is a 'not-for-profit' and non-fundraising association. It is non-sectarian. Its objective is to stimulate thought, interest and participation in activities at a time in life when it is easy to become complacent and self-centred.

KEN'S KOMMENTS (FROM THE PRESIDENT'S DESK)



Hi, well it is all over for 2018 and I hope you all had a lovely Christmas & New Year Celebrations. Thank you to all who came to our Christmas Dinner at Pint Club, it was good to celebrate the end of year with you all. The prizes donated by our Patron Kate Worden MLA and the raffle in memory of our foundation Secretary Eean Torne were much appreciated.

Thank you for supporting me as your President Ray as Secretary and Ron as Treasurer through the latter part of the year and we all want 2019 to be happy, healthy, safe and rewarding.

Please keep in mind that our Annual General Meeting is in March, as all positions become Vacant. It would be nice to have some new faces on our committee and new ideas so think about putting yourself forward for some of the positions.

Thanks to Ray for circulation the information for the Annual General Meeting in March 2019 do not hesitate to nominate for the various positions. More involvement makes light work but also more interesting events.

SENIOR SNIPPETS *by Ken Cohalan OAM*

BIRTHDAYS FOR JANUARY

The President and members of Probud Club of Marrara wish the following members a very happy birthday.

- Rita Sharan

- State of (older) Australian Report - Highlights of the report include:
 - o 80% of older Australians feel younger than their current age
 - o 46% feel less valued than when they were younger
 - o Health is the number one factor that impacts whether older Australians have a high or low quality of life
 - o 84% support legislation for assisted dying • More than a quarter (28%) of those in paid employment want more paid work but 1 in 5 have experienced employment-related age discrimination
 - o 29% of working older Australians don't expect they will ever retire • 12% are struggling with overdue bills
 - o More than half of older Australians undertake unpaid work in an average week, including volunteering and caring for family and friends
 - o Only one in five (19%) older Australians feel valued as a voter
 - o Dental services were identified as the most difficult to access for older Australians.
 - o NT has the smallest proportion (over 65) 5.3% of these 19% are Indigenous way over the National average of 5%
- COTA-NT – 2019 they will be commemorating 50 years in the NT.
- Concessions – at long last some members have received payment of the \$250 travel vouchers. If you are still waiting do not hesitate to call at the NT Families office.
- Convict Relatives – it has been raised that 4 million Australians have a convict in their past history, I wonder how many of our Probus members have a convict past. Our guest speaker in February may be able to assist you in tracing your family history.
- Marrara - shown on Goyder's original surveys of Darwin in 1869 was the swamp between the suburb and the Darwin International Airport, but like Leanyer, the name is believed to be derived from an Aboriginal name for the area. Population 1,550, area 4.56 km² 11.5km from Darwin CBD.

Upcoming Club Events and Outings

February 2019

Members and Guests Luncheon – Thursday, 28th February 2019

Members and guests are invited to attend our February Members Luncheon that, this month, will be held at Fiddlers Green on Thursday, 28th February 2019.

Fiddlers Green boasts relaxed dining and an extensive selection of international and tap beers, perched in the stunning location of Darwin's Waterfront Precinct.

Fiddlers Green motto "There are no strangers here, just friends who have not yet met" is perfectly suited to this family-owned and operated Irish restaurant with a friendly and relaxed atmosphere.

Members and guests can avail themselves of a selection from the \$15 lunch specials or select from the mains menu.

For further details, including menu selection, full details are available on our club website at <https://www.probussouthpacific.org/microsites/marrara/Activities>.

This will be the final event hosted by the current Management Committee before our AGM and election of a new Committee in March and we look forward to your joining us to celebrate our achievements over the past year

Parking is available at the multi-storied parking area with the first 2 hours free. Those requiring transport to join us, are encouraged to contact Ken or Ray or speak to us at the February Club Meeting.

Please advise us of your attendance by email to rayandersson@bigpond.com by NLT 21 February 2019. Registrations will also be accepted at the Monthly Meeting on the 14th February.



March 2019



Hands up for Nominations at our AGM in March.

Members are reminded to keep our meeting in March in mind as this is our Annual General Meeting where we will elect our new Committee to take us through 2019-2010.

Emails have been sent to all members providing details of positions, responsibilities and a Nomination Form. Members are encouraged to share their experience and nominate for Committee positions to help our club improve its membership and activities and be able offer members a positive experience.

Be part of our future, as a dynamic club for active seniors and nominate for a position on the 2019/20 Probud Club of Marrara Management Committee.

DEAR DIARY

DATES TO REMEMBER

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14 FEBRUARY 2019

NEXT GENERAL MEETING

PINT CLUB 9:30 FOR 10:00 AM



Guest Speaker for February is:

Ms June Tomlinson, Secretary & Public Officer, Genealogical Society of the Northern Territory Inc.

Subject: 'An introduction to family history research - Tracing your family tree.'

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Members Reports on Events and Outings

Members Luncheon – Saffron Indian Restaurant, Parap. 10th January 2019

2019 started with an excellent lunch for members and guests at the popular Indian restaurant in Parap. Nine members and one guest enjoyed the ambience and fine cooking as we enjoyed a wide range of the Chef's specialities, in good company, with lots of conversation as we caught up on what we had all got up to over the Christmas break.

It was pleasing to have 50% of members available to attend and was noted that the Charles Darwin Club meeting also had a large attendance in January appearing to indicate that more seniors are choosing to remain in Darwin over the Festive period and reinforcing the need to continue to plan events for those that remain in town.



Special Interest Groups - 2019



**BOOK CLUB
MEETS AT THE
CASUARINA CLUB**
(in conjunction with the PCDI)
at 11:00AM
**Contact Sheena Short for details on
08-8985 4406**



GARDEN CLUB
at
Trailer Boat Club
8 Atkins Drive, Fannie Bay
(in conjunction with PCDI)
Starts at 10:30AM
Phone Bev Aitken for meeting dates and
information
Q&A - Bring a plant to raffle

10 PIN BOWLING Third Wednesday of each
month



PLANET 10 PIN BOWLING
9:30 for a 9:45am START
(in conjunction with the PCDI)
69 Progress Drive, Night cliff,
\$8.50 per person



LUNCHEON — POST MEETING

"The Table of Knowledge" will meet post meeting luncheon. Simply join the other members in the dining area of the Pint Club, solve the problems of the world, have a relaxed lunch, get to know your fellow Probus members and enjoy.



Zumba Gold for Seniors

Every Saturday 8:45 for 9:00AM start.

Charles Darwin University Fitness
Centre.

Fee - \$10

Do you have a special interest or hobby that members may be interested in sharing with you?

Sport, genealogy - family research, model aircraft flying, craft, sewing, quilting, music appreciation, even cooking groups. Its limited by your craft, interest, skill and imagination.

We are looking for special interest groups for 2019. Speak to the Committee and share your passion.

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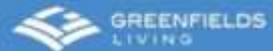
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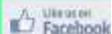
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INSURANCE

All financial members of the Prabus Club of Darwin Inc. are covered by Prabus Insurance. Insurance covers members, visitors and guests whilst attending or participating in a recognised Prabus activity function or meeting (age restrictions may apply)(prior conditions may be taken into considerations)

DISCLAIMER

This Directory of Members is for the exclusive use of members of the Prabus Club of Darwin Inc and should not be made available to Non-Members. The information contained in this publication is "Private and Confidential "to Members' and is not to be used for any other purpose.